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PET SPOTLIGHT

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**Tina Zhou** Chair of the Arc Board

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Hey UNSW,

Spring has sprung! While you're out and about in the midst of uni, make sure you take some time to relax and appreciate the sunshine.

And don't forget to most the most of Springfest by taking a yoga class, starting that elusive sustainable garden and learning how to declutter your life while you get your hands on some organic market produce.

Best, Tina



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For those of us without an allergy, spring is pretty kickass. 'Spring' is my favourite of Vivaldi's 'Four Seasons' and the only season for which I'm willing to get out of hibernation.

With mid-sem break just around the corner, the semester's getting pretty hectic. If there was ever a time to do a downward dog in public, it's now. So find your Zen, join a free yoga class and do some gardening to attain inner-peace at Springfest.

At the end of the day, a free yoga class means that you can actually exercise in your active wear for once.

Eden



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Celebrate the arrival of Spring at our two day festival!



# 6-7 SEPT THIS WEEK

THE QUAD 11am-4pm

FARMER'S MARKETS POP-UP BAR YOGA CLOTHES SWAP BOOK SWAP WORKSHOPS STALLS & MUCH MORE

arc.unsw.edu.au

# PET SPOTLIGHT

# **ERZA //** OWNED BY JULIAN RIZZO-SMITH

## Your pet peeve?

When humans touch my tail. Just stop.

#### Why are you pumped for spring?

There'll be a greater chance of warm weather so I can go and socialise with other dogs instead of

What will you be getting up to in the sem break? Probably sleeping. Sleeping sounds nice. Or maybe a long walk through Newtown strutting my stuff.

#### Your ideal spring fling?

A guy who can keep up with me. I've had spring flings at the park and let's just say in most cases the guy is out of breath before I pass my tenth lap

#### What do you find most annoying about vour owner?

He'll use the words "walk", "dinner" and "what's wrong?" when I'm around, so I get all excited thinking it's dinner time and then find out I have to wait another hour.



# MIKA // OWNED BY MADELAINE DE LEON

# Your pet peeve?

People who pat me on the head.

If you were a coffee order you'd be... A tall glass of black coffee. And it has to be dark like my soul, jks.

#### What will you be getting up to in the mid-sem break?

Taking a nice stroll to the food plate and probably hibernating.

#### What puts a spring in your step? Eating, eating, and did I say, eating?

# What do you find most annoying about

your owner?
She can never decide on anything! Omg gurl, will you just pick a movie?!





# PETER RABBIT // OWNED BY CHARLOTTE GOODSIR

#### Your pet peeve?

Mum forgetting to give me sultanas before she leaves for uni.

# Why are you pumped for spring?

Because the weather is better and the blades of grass are sweeter.

# What will you be getting up to in the mid-sem

Hopping around the garden and bothering mum when she's trying to finish her papers.

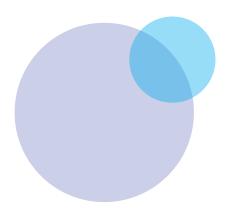
#### Your ideal spring fling?

Bugs Bunny would be sweet \*winky face\*.

#### What do you find most annoying about your owner?

She constantly wants affection. It's a problem.





# BITZ & PIECES



## TWO DOOR CINEMA CLUB | Spring

This song is all about that spring vibe, making for a super elated tune.

# LAYLIST



# **FLEETWOOD MAC** | Silver Springs

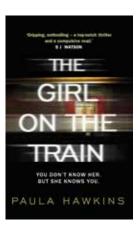
This one's a classic and perfect for the season. Stevie Nicks, you'll always be our Rhiannon.



#### THE PAPER KITES | Bloom

If you're looking for a spring fling track, search Spotify for this romantic song. It'll hit you deep in the feels.

# 300KN00K



# THE GIRL ON THE TRAIN

by Paula Hawkins

Rachel is struggling to cope with her broken relationship. She decides to create a fantasy through a married couple that she sees everyday out the train window on her daily commute. Unfortunately, her fantasy shatters when she witnesses a shocking event that catapults her into a game of murder with deadly consequences.

# **FUNFACTS**

When you blush, the lining of your stomach also turns red.

Sulley from Monsters Inc has more than 2.3 million individual hairs. A single frame of him took cartoonists an average of 12 hours to produce.

There is a single mega-colony of ants that spans three continents, covering much of Europe, the west coast of the US and the west coast of Japan.

Fun Prank: Make them study for 16 years and then don't give them jobs 8:49 PM : 23 Sep 15

**UNSW RANTS** 



**UNSW LOVE LETTERS** 

# SOCIAL STALKER

# **VIRAL**



# **LIKES**

A zombie apocalypse is hitting UNSW. Choose your team and try to survive at 'Zedtown', Sept 17.

This month, a bunch of killer albums are set to drop from the likes of M.I.A, Grouplove and Nick Cave. We're about to become broke all over again.

More Gilmore Girls has hit Netflix. So. Much. Binging.



The Shallows looks like Jaws but scarier. Releasing a shark movie right before beach weather improves is just cruel.

A hunter father let his daughter take a bite of a still-beating deer heart. That's just gross on so many levels.

A new *Rings* trailer is out and we are beyond scared.

# Instagram @thegroundsfloralsbysilva

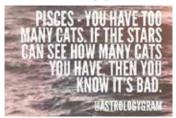


Spring is here, so it's time to feast your eyes on some blooming awesome aesthetics.



Someone put a naked Donald Trump statue in a New York park and we're traumatised.

# Instagram @astrologygram



A hilarious Insta account that pokes fun at the vague obscenities of horoscopes. Like the account says, "it's written in the stars, so deal with it."



Adele goes makeup-free in a video. Fans are shocked that celebrities are human after all.

# Facebook Humans Of Tumblr



You thought that no one understood how you could be both clingy and super chill in your relationship, and then this ripper of a page appeared. Humans of Tumblr just gets you.



No monkey business here. A gorilla named Koko met Flea from the Red Hot Chili Peppers and jammed out on a bass.



SAFIA

BY GRACE MINER

SAFIA IS due to release their new album 'Internal' on Sept 9, off the back of a national tour. We called Ben up to chat about SAFIA's new tunes and the weird stripping dude at Groovin The Moo that has scarred the band, and probably hundreds of other festivalgoers, for life.

#### I heard that you guys met at school. What kind of music were you into when you were younger?

We were all obsessed with Guns and Roses and a lot of older rock and roll – and I know Michael still listens to a lot of classical stuff like that. I grew up listening to my dad's jazz records and blues and basically everything in there. It wasn't until later that we got into electronic music.

# What's the craziest thing that has happened at one of your shows?

Our set at Groovin The Moo was pretty funny. We had this guy who stripped down naked and stood on shoulders at not one, but three of the shows. He kind of followed us around and every time we played a set this guy got his gear out.

# Your debut album 'Internal' is out Sept 9! In terms of your sound, who would be your greatest influencers?

We kind of go in with an open mind when we write songs, and because we listen to such a diverse range of music from such a broad spectrum of time, it all sneaks into the music.

# THE VENUES ARE THE BIGGEST WE'VE DONE FOR OUR OWN HEAD-LINE SHOWS. WE'RE PUTTING ON OUR BIGGEST PRODUCTION

Sometimes film scores will be our biggest inspiration and other times it'll be some old school 70s rock and roll mixed in with some modern new wave electronica.

#### Do you have a favourite song on 'Internal', or one you are most proud of?

I personally, and I'm not even saying this to be democratic, I really do love every song on the album in their own way. They're all really diverse. I think our current single 'Over You' is a big favourite of mine just because the process was a bit different and it's a lot looser.

# You guys wrote and produced all the songs yourself on 'Internal', what was that process like?

We did it over time and each song started in a different way. It might be me kind of sitting down and writing it on a piano, or Michael making a beat and the song coming together that

way, or Harry with some ideas. It seemed to come together really quickly, and it wasn't really painstaking. We never got stuck for too long, so it was a super fun process

#### So you guys are heading on tour again soon, what are you looking forward to about this tour?

It's going to be pretty crazy, the venues are the biggest we've done for our own headline shows. We're putting on our biggest production. We've been touring the past three years off the back of singles. It's been a while since we've been able to play a whole body of work that hopefully people will know, so that's probably what I'm most excited for – to play all these new songs.

Keep a look out for 'Internal' which drops Sept 9, and catch the boys on their national tour, 2 Oct at Enmore Theatre. To purchase tickets head to safia-music.com.



# INSTAGRAM GIVES YOU 150 CHARACTERS TO SHOW THAT YOU'RE ABOUT AS DEEP AND COMPLEX AS KIM K.

Just kidding. Instagram isn't only for vain people who think they're more interesting than they really are. It's also an integral component in the quest to centre society on how many likes people get online. Thanks, Gen Y. During my time being vain on Instagram, I've noticed that Instagram bios follow a few key strains. Here's some of my observations:

# AN EMOJI-LADEN BIOPIC













You know those people who dropped out of school because it wasn't their thing? You know, the ones who left in grade 10 because eternally struggling to pay rent was more appealing than taking a few multiple choice tests? They're really good at writing Instagram bios using a bunch of emojis instead of words. Whenever you see these half-word half-emoji gospels, thank God that Instagram is the only keyhole you have into the perpetrator's life. It's definitely not pretty.

# AN ODE TO YOUR SIGNIFICANT OTHER













You know those people who have their partner's name and descriptions like "property of" or "forever and ever" or "my bae" on their instabios? Emoji love hearts next to your partner's name are the official Instagram precursor to a messy, public break up.

# A LIST OF PERSONAL ACCOMPLISHMENTS















People who do this almost always include the self-applied title of entrepreneur, which has become a blanket term for anyone who isn't paid an hourly wage or salary. Sometimes people will describe themselves as an "animal lover" or "vegan", which is the undisputed warning sign that you're bound to unfollow the account after a week. The same goes for "stay at home mummy" and "fitness advocate".

# YOU KNOW WHAT SUCKS... BEING SINGLE DURING SPRING

By Ryan Bautista

Flings? During spring? Groundbreaking.
The question is, what if you're single and there's no one to mingle with during this season? Being alone and thirsty AF during this "traumatic" period sucks. Here are some times that living the fling-less life is too motherflippin' real.

# WHEN YOU DEVELOP A CRUSH DURING THE COMMUTE TO UNI

You're on the 891 bus. An absolute dreamboat hops aboard. The problem? You're a backseat bandit. So you're making intense eye contact with the back of their head. Isn't that the key to wooing a mate? Yes. Yes it is. The chances of seeing that person's head again though? Zilch.

# WHEN YOU FEEL LIKE THE LONE WOLF ON CAMPUS

You're doing the fling-less walk of shame. Is this an episode of *If You Are the One* or what? And what do you see? PDAs. PDAs everywhere. At Level 9 of Main Library, at the Quad Lawn – you name it! Must. Leave. Immediately.

## WHEN YOU PICTURE YOURSELF IN ANOTHER LIFE

Admit it, fam – you imagined scenarios where you bump into a potential fling mate. Where? Well, IDK, maybe in the neverending line for the 891 bus, or as you hike up the Basser Steps. Or, even better, on UNSW Love Letters.

## WHEN PINING FOR "A MATE" IS AT ITS PEAK

The struggle is at an all-time high when you scroll down UNSW Love Letters. You try to find any mention of your name, going back when your feet first landed firmly on Main Campus. The result? Nothing, absolutely nothing.

# LIKE, REALLY, REALLY AT ITS PEAK

Your friends suggest marrying a sugar daddy. Yes, we love a guy whose bank account consists of commas and decimals.

But, you know who we're after? A hybrid of Rami Malek,
Oscar Isaac, and Richie from *The Bachelor*. Can you get a fella who ticks both boxes? Probably not, tbqh.

# AND LASTLY, WHEN YOU ACKNOWLEDGE THE DREADED TRUTH

Ok, UNSW is probs experiencing a drought in Flingsville.

Maybe it's a sign you're not ready to live in the pages of a best-selling Nicholas Sparks novel. Until next semester, or next season, you filthy animals.

# HOW TO SURVIVE **CAFFEINE FRE**

As semester rears its ugly head, your caffeine intake has gone from zero to your only hero. Papers to write, existential crises to be lived and all the coffee chugging has turned your life into a scene from Planet of the Apes. It's time for an intervention.

# DRINK IN MODERATION



Drink your cup of Joe with dignity. You're not downing a shot, so go easy. You wouldn't want to ignite Gilmore Girls mode and start blowing through 25 cups a day.

## DOWNSIZE YOUR CUP



A strong large flat white is a gateway to a triple espresso. We're not telling you to cut coffee out altogether, but you could save \$20 a week by opting for a small or regular cup. That means more HSPs. Just saying.

#### DON'T GO MAINSTRFAM



Choose wisely. Cups with less caffeine will prevent a meltdown during your 4-6pm tute. Here's some suggestions:

Decaf (less caffeine, therefore, you're less likely to become the Mad Hatter)

Half-caf (slightly less caffeine)

Mayan hot chocolate (hot chocolate with chili) Green tea (because you're Zen like that)

# STUDENT SURVIVOR



# **HOW TO SURVIVE** OVING BACK IN WITH

BY VICTORIA TICHA

Shout out to everybody that moved back in with their parents because the cost of living away from home made you contemplate selling your organs on the black market. People may judge your life choices but we understand your struggle. So here are some pointers on how to make the most of this special time with your 'rents.

Go shopping once in a while to prevent yourself from being a burden on your fam. Sure, your parents will probably go shopping every week, but once in a while maybe you should pay? If there's something you want, instead of bombarding them with a shopping list, buy it yourself. That's doing adulting right.

# DON'T COMPLAIN ABOUT THEIR CHOICE OF

Your parents' idea of a Friday night in probably consists of binging Better Homes and Gardens or getting that dose of middle-aged drama with Judge Judy. You probably feel like you're pretty damn close to playing bingo with a bunch of pensioners at an RSL at this point, but it's not cool to give your 'rents a tough time about their shitty taste in TV shows.

You wouldn't want them remembering that they could be charging you rent because you're getting a free ride and treating the place like a hotel.

Chopping veggies is all it really takes to get in the good books with your fam. The aim is to have a place to sleep, and if you're helping your fam out with the cooking, they're likely to put off the 'it's time to move out' conversation for a while.

# OFFER TO TAKE THEM OUT FOR LUNCH ONCE IN

If you're like me and can't actually cook, then instead of traumatising your fam by leaving the kitchen in a burnt mess, why not take them out for brunch on the weekend? Just because you live under the same roof doesn't mean you can't spend (rolls eyes) quality family time together.

HAPPY SAVING!



# HOW TO EMULATE GREENPEACE THIS SPRING

By Janelle Tai

Fuell ed by the injustice from the daily Greenpeace emails I receive, I'm on a mission to stop climate change in its tracks. I've complied a cheat sheet on how to be a greenie with minimal effort.



# MAKE LIKE BLINK 182 AND 'SAVE YOUR BREATH'

Don't waste your breath talking to useless human beings. Can they benefit from the carbon dioxide you emit? Can humans photosynthesise? No? Why not let your plants bear the emotional weight of your rants instead.



# ONWARDS TO THE UGLY OLD MAN SWEATER

There's no need to waste energy blasting the heater. Put on a jumper to show that you are considerate about the environment. And 100+ bonus points if it's one of those old man sweaters you get from Vinnies, you op shop fiend, you.





## SUN DRY YOUR CLOTHES

Let the sun's natural UV rays dry your clothes instead of consuming energy from your dryer. Same goes for your hair Becky. Do you really need to use a hairdryer?



# TAKE NOTE: PRINT EVERYTHING DOUBLE-SIDED

A totally easy way to reduce your waste is to keep the amount of pages you print to a minimum.

Sure, you could just send an email or write your notes on your laptop, but that's a little too much commitment, and you want to take this whole green living thing slow.

# SPEND LESS TIME SINGING IN THE SHOWER

Some of us love a steamy hot shower: it's calming, relaxing and often it'll bring on an epiphany. But think about all the water you're wasting by taking your own sweet time. If you can't help yourself Mariah Carey, make sure you leave a bucket in the shower so you can give your plants some water.



#### CARPOOL

Scout for friends who have their driver's license and offer them petrol money or catch the bus. The bus might have earned itself a bad rep as the loser cruiser but at least you won't have to walk.





# SPRING FEST SLOTHES SWAP

# BOOK EXCHANGE

**6-7 SEPT** THIS WEEK 11AM-4PM THE QUAD

REFRESH YOUR WARDROBE AND FIND A NEW FAVE READ

SUPPORT SUSTAINABILITY SWAP DON'T SHOP!

arc.unsw.edu.au

# **SUNSWIFT SOLAR RACING//**TEAM INTERVIEW

RV AIDII TEDER



UNSW's Sunswift Solar Racing Team are in the design process for their new vehicle, Violet, that they'll be taking to the World Solar Challenge next year. Blitz spoke to the team about their chances of winning gold on the desert racetrack, and whether they've ever received a parking fine.

#### We hear that you're designing a new vehicle. How will it be different to eVe?

Visually, you can expect to see an aerodynamic, sporty look with the potential for a larger car than eVe, given the updated World Solar Challenge rules. We also want to wow the driver and passengers – so we've had interior designers work with our engineers to develop a more refined interior, a better user interface and adjustable comfort features.

# How do you go about building a solar car? How long does it take?

Since Sunswift first started in 1996, we've developed five cars and have started designs for our sixth which is to be completed by mid next year! For the new car, we've been working on designs since March of this year. The plan is to have a fully built car ready to attempt World Records by mid next year, and optimised to compete for the 2017 World Solar Challenge in October.

# What are you most looking forward to at the World Solar Challenge?

I'm looking forward to seeing 18 months of design work come together as we cross the finish line in Adelaide. I'm also keen to be out in the Australian desert under the stars, competing with the other universities from around the globe.

# Do you think you'll be able to win the contest and how are you preparing for it?

We hope so! You can break down winning the World Solar Challenge Race into four major sections. The first is car design: making the most efficient car possible means that we can get to the finish line using the least amount of energy. The second is reliability: breaking down in the desert is a daunting experience and can make or break a team's chances at winning the race. The third major consideration is strategy. And the final crucial factor in winning is a team that can work together effectively.

When you're on the road together for six days in a fairly high stress environment it's hugely important that the team can work together effectively! The Sunswift team culture is very similar to that of a sports team.

# //RAPID FIRE

# Have you ever got a parking fine?

Yes. I once got fined for forgetting to get one of those free tickets that you put in the windscreen when you park.

# Cars or The Fast and the Furious?

We prefer the movie *Race the* Sun – a modern-dav classic.

# Be honest: did you pass your driving test on the first try?

Yes, but I had to avoid a broken down truck in a roundabout. It was smooth sailing besides that.



# SPRING FLING BEST PLACES TO TAKE A DATE IN SYDNEY



So you've swiped right and got a match. The next step is finding the right place to impress your date. It can be hard to romance your date with a student budget. To help you out we've compiled a list of the best, inexpensive and scenic spots for a truly magical night out.

# SHAKESPEARE HOTEL



What better way to spend an evening than by ditching modernity, turning off your phone and immersing yourself in the tantalising wonders of Shakespeare's bygone era? This Victorian hotel and pub offers period-style rooms furnished with antiques for only \$100 a night! The rustic pub and restaurant serves great modern comfort meals and draught beers in a dining room rich with character. You'll be cast as Romeo in no time.

# SYDNEY OBSERVATORY



A visit to the Sydney Observatory is the perfect mix of cheesy and cute. A night tour is the quintessential way to visit Sydney Observatory. Engross yourselves in a deep conversation about the night sky under its blanket of stars for \$20-22 a person.

# **JAZZ CLUB 505**



Located on Cleveland St in Surry Hills, this artist-run theatre is a favourite among locals and jazz enthusiasts alike. Ditch the overpriced bars and nestle in one of the comfy couches while enjoying quality live music. Instead of trying to fill every minute with awkward conversation, you can relax and share a special, comfortable silence over a cocktail or two.

#### THE WHITEHOUSE



Ok, so you want to start the night by sharing a couple of drinks but don't want to pay \$20 for two glasses of wine? Fair call. The Whitehouse is a killer location to kick off a date. Head upstairs and snag a spot on the balcony where you can get some privacy. If you're shit broke, plan the date during Happy Hour – and be sure to check out their cocktail deals on our What's On Calendar.



Your mate's cooked you dinner which turns out to be the spiciest dish you've ever eaten – and will serve as a stinging reminder that you can't trust their cooking. Before you try to recover your pride by taking on that spicy wing challenge at the pub, it's time to learn why chilli is so damn hot.

# WHAT MAKES CHILLI HOT?

The culprit is a chemical compound family called the capsaicinoids, of which the most common member is capsaicin.

# WHY DOES CHILLI FEEL SO HOT?

When the capsaicinoids enter your mouth, they bind to and activate a receptor (called TRVP1) which then sends a signal to your brain. The receptor can also be stimulated by physical heat and that's why you feel like you've been stationed in the Sahara.

# HOW DO I STOP THE BURNING?

Capsaicin is a 'fatty molecule' (saturated hydrocarbon), so the best way to remove it from your receptors is to use a similar substance. Dairy products like Messina ice cream are your best bet because they contain a protein called casein. Of course copying Homer Simpson and preventing any capsaicinoids from touching your mouth by drinking some candle wax will also work, although is not advised.

# WILL WATER HELP?

Nope. Not at all. So steer clear of H20 if you want to cool down.



# JUSTIN

Y CHARLOTTE GOODSIR

# VEGAN GOES 10 MINUTES WITHOUT TELLING ANYONE HE IS VEGAN

John Citizen, recent vegan, has gone 10 whole minutes without telling anyone he is vegan. This event proceeded the young male eating non-vegan chocolate cake. When questioned on his motives of eating the non-vegan cake, he simply readjusted his hemp torso covering and left our interview room.

# LECTURER PRINTS OUT POWERPOINT SLIDES TO USE VIA CAMERA PROJECTOR CAUSING STUDENTS TO WEFP

Students in a 9am lecture in the CLB were taken on a trip back to 1985 when their lecturer printed out PowerPoint slides. 25 minutes into the lecture, the lecturer was quoted saying, "I have called in a technical so we can look at a short video on YouTube." Desperate for a technology fix, students consolled themselves by internet shopping and scrolling for sick memes.

# STUDENT COMPLAINS OF BEING UNFIT AND PROCEEDS TO TAKE THE LIFT UP BASSER STAIRS

Several students in Lorna Jane activewear, Nike Free Runs and cradling Boost juice under their arms were seen taking the Arc elevator up 54 of the Basser Steps last Tuesday. When asked why they did so, considering the immense amount of lycra they were wearing, they responded with a disgruntled: "this activewear's too expensive for me to sweat in."







Skill sharing for the curious and creative.

110011801180

Join the maker movement and get crafty with us!

In under an hour you can learn a cool new skill and walk away with something you handcrafted.

# UPCOMING WORKSHOPS

# 45HINS+\$6EA

SCREEN PRINTED TOTES	Wed 31 Aug 3pm (W6)	And Clube Spece
TERRARIUM (Spring Fest Special)	Tues 6 Sept Ipm (W7)	The Quad
PERSONALISED FELT PENHANT (Spring Rest Special)	Tues 6 Sept 2pm (W7)	The Quad
TYPOGRAPHY CANVAS (Spring Fest Special)	Tues 6 Sept 3pm (W7)	The Quad
A POSY FLOWER ARRANGMENT	Mon 12 Sept 2pm (W8)	And Clube Spece
SCREEN PRINTED TOTES	Wed 22 Sept 2pm (W9)	Arc Clubs Space

Limited spots, book online now. arc.unsw.edu.au/workshops

# WHAT'S ON UNSW

# 05 SEP - 16 SEP

WED - FRI

**NEWTON LAWN, H12** 

BAR

4 - 8PM

**FOOD TRUCK** 

12 - 8PM

EATARTTRUCK



**UNSWROUNDHOUSE.COM** 

Roundhouse encourages the respsonsible service of alcoho

# **SPRINGFEST**



WHFRE:

Ouad Lawn

WHFN-

Tue 6 Sept-Wed 7 Sept

COST: FREE!

VERDICT:

A bloomin' awesome day.

MORE INFO:

arc.unsw.edu.au

#### BY SARAH WU

Spring has blossomed and so it's time to get out of hibernation with UNSW's Springfest.

WHAT'S ON UNSW

Green up your lifestyle by hitting up the organic food stalls or practising your best downward dog at a free yoga class. You'll feel totally Zen afterwards. We promise.

If you're not into that Insta clean-living lifestyle, there's still awesome pop up activations that you can get involved with from Sunswift, UNSW Sustainability and Bike-ology, just to name a few.

If you're not already, you'll be best friends with Mother Nature by the end of the week!

Spring into the awesome fun with this event.

# **ZEDTOWN: DEEP SOUTH**



#### BY JULIAN RIZZO-SMITH

WHERE

**UNSW Kensington Campus (18+)** 

WHFN

Sat 17 Sept, 12-7pm

COST

\$32 (buy tickets online)

VERDICT

This isn't just a game for *The Walking Dead*.

MORE INFO:

arc.unsw.edu.au

Prepare yourself: UNSW is about to look a lot like Michael Jackson's 'Thriller' with the zombie apocalypse hitting campus.

Zedtown's a survival game that tells the story of what would happen if UNSW was met with an undead epidemic.

If you're feeling pretty dead already with the semester intensifying, play zombie and tag the living. Love nerf guns and kicking zombie butt? Play the survivor.

A call-in radio station will provide updates and survival tips throughout the event, along with the Zedtown app which needs to be installed to play the game. Zombie make up, bandanas and dog tags will be provided. All you need to bring is a nerf gun or dart blaster to nail some zombies.

With assignments around the corner, the living dead are keen to steal your brains. So keep your rigamortis in check and make like Emma Stone in *Zombieland*.

Good luck soldiers.



# MON

# SFP 5

# **Cocktail Happy Hour**

11am 'til close @ The Whitehouse

Cocktails for \$10, what more could you ask for?

# KnitSoc: Knitters Circle does Tunisian crotchet patterns

12-2pm @ Quad Lawn

We'll give you a PAT on the back if you can master these patterns.

# **Debating Society: Debate night**

6pm @ Tyree Building

Weigh in on some of the most controversial topics at debate night.

# **Volleyball Social Comp**

7-10pm @ YMCA Sports Hall

NETwork, it's not called Social Sport for nothing.

# **Volleyball: Dig, Spike and Set Course**Beginners 5-6pm, Intermediate 6-7pm @YMCA Sports

Hall

If this SPIKES your interest, come and have a game of volley ball.

# TUE

# SEP 6

#### **Bike-ology**

12-2pm @ Arc Precinct off Basser Steps

Get pumped. This is your chance to learn more about your bike.

# Trivia

6pm @ The Whitehouse

The coming of spring coincides with what Chinese festivity?

# WED

# SEPT 7

# UNSW Campus Runners: Morning Run 7.30am @ In front of Unigym

Finally put your activewear and Nike airs to use with this 6-7km run around Centennial Park.

# Falun Dafa FREE Meditation Classes

12pm @ Alumni Lawn

Need to clear your mind and body? Just bring a mat to sit on and you'll reach Zen in no time.

# **Open Mic Night**

7-9pm @The Whitehouse

Try not to clear the floor tonight, Mariah Carey.

# Bingo @ Roundhouse Pop Up Bar

4-5pm

Make like a pensioner and scream BINGO.

# **THU**

# SEP 8

# **Bike-ology**

12-2pm @ Michael Crouch Innovation Centre

Like science but with bikes

# Trivia @ Roundhouse Pop Up Bar

4-5pm

What movie was voted the worst in the year 2003?

# **Blitz Block Party**

7-10pm @The Whitehouse FRFF!

Blitz is hosting our first ever block party with free entry and a stellar line up including AMASTRO, Flip The Script and Fear of the Music with Ry. We're raising money for Sydney Children's Hospital for Phil!— and we've got a bunch of prizes to give away too!

DONATE at phil.everydayhero.com/au/blitzed-1

# FRI

# SEP 9

# \$17 Jugs

11am 'til close @ The Whitehouse

You're pretty good at juggling uni with a social life. You deserve a cheap drink or two.

# UNSW Tricking Society: FREE Tricking Class

4-5pm @ Material Science Lawn

Learn how to do a backflip!

# UNSW Campus Runners: Friday night

5pm@Infront of Roundhouse

Friday, Friday, gotta workout on Friday.

#### Free Live Music

4-6pm @ The Whitehouse

Relax on Friday arvo with some sweet tunes in the Beer Garden.

# **ALL** WEEK

# **Springfest**

Tues 6-Wed 7 Sept

11am-4pm@QuadLawn

Spring is here and your university is in full bloom. The Quad will be a buzzing hub of activity with yoga, herbgrowing workshops, food stalls, clothing and book swaps, farmers markets and a pop up bar.

# **Exchange Soc: Lawn Bowls By The Sea**

Sun 11 Sept, 3.30-6pm @ Clovelly Lawn Bowls

Spend your Sat playing lawn bowls at this iconic Sydney venue, perched on a cliff overlooking the ocean.

# **Roundhouse Food Truck**

Wed-Fri, 12-8pm @ Village Green

# Roundhouse Pop Up Bar

Wed-Fri, 4-8pm @ Village Green



# MON

# **SEP 12**

# **Cocktail Happy Hour**

11am 'til close@ The Whitehouse

Stay classy, UNSW.

# **KnitSoc: Knitters Circle does beanies**

12-2pm @ Quad Lawn

Yeah your beanie's taking a while but art takes time, my friend.

# **Debating Society: Debate night** 6pm @ Tyree Building

No need to start a fight in the FB comments. Have a passionate argument here instead.

## **Volleyball Social Comp**

7-10pm @ YMCA Sports Hall

Have a BALLin' time with some sporty peeps.

# **Volleyball: Dig, Spike and Set Course**

Beginners 5-6pm, Intermediate 6-7pm @YMCA Sports Hall

You're SET to DIG this course.

# TUE

**SEP 13** 

#### Bike-ology

12-2pm @ Arc Precinct off Basser Steps

Learn some off-the-chain bike hacks.

#### Trivia

6pm @ The Whitehouse

What does a monophobe fear?

## **FREE Ouad Games**

12-2pm @ Ouad Lawn

Come and play lawn games and enjoy the Quad's chill-out

# WFD

SFP 14

# **UNSW Campus Runners: morning run**

7.30am @ In front of Unigym

Prove that you run this like Missy Elliot.

#### **Falun Dafa FREE Meditation Classes**

12pm @ Alumni Lawn

For those of us that need some quality chill-out time.

# International Night Markets

3-9pm @ Main Walkway

Eat your way around the globe with this tasty & multicultural event.

# Bingo @ Roundhouse Pop Up Bar

4-5pm

The closest you'll get to sitting in an RSL with the oldies on campus.

# **Open Mic Night**

7-9pm @The Whitehouse

The stage is open and ready for you to bring your talent.

# THU

SEP 15

## **Bike-ology**

12-2pm @ Michael Crouch Innovation Centre

Get on your bike. No really.

## **International Night Markets**

3-9pm @ Main Walkway

Eat your way around the globe with this tasty & multicultural event.

# Trivia @ Roundhouse Pop Up Bar

4-5pn

What instrument does the lead of the orchestra play?

# FRI

**SEP 16** 

#### \$17 Jugs

11am 'til close @ The Whitehouse

Witness the schooner gone wild.

# UNSW Tricking Society: FREE Tricking Class

4-5pm @ Science Lawn

First step: sign insurance waiver. Second step: be trickster.

# UNSW Campus Runners: Friday night social run

5pm @ In front of Roundhouse

Explore the city at night at a faster pace.

## Free Live Music

4-6pm @ The Whitehouse

What's better than a free jam sesh?

# KnitSoc: Knitters Circle does beanies continued

6-8pm @ Colombo Theatre

Don't quit on that beanie just yet. Knitters aren't quitters.

# **ALL** WEEK

# **NUTS Presents: Pillowman**

Tues 13- Sat 17 Sept

7pm @ Studio One

Within the dark walls of an interrogation room, a writer, Katurian, is being questioned over a series of child murders that bear a shocking resemblance to some of his works. The play alternates between Katurian's interrogation and the storytelling of his horrific fairy tales. Purchase your ticket at trybooking.com/Booking/BookingEventSummary.aspx?eid=221893

# St\*r Wars: The Source Awakens Wed 14 Sept-Fri 16 Sept

7.30pm @ Science Theatre

CSE Revue is a comedy sketch show, similar to Saturday Night Live. They'll have live acting, singing and dancing and a full band to keep you entertained. Purchase tickets at thesourceawakens.com.au for \$10.

# Roundhouse Food Truck

Wed-Fri, 12-8pm @ Village Green

# Roundhouse Pop Up Bar

Wed-Fri, 4-8pm @ Village Green



# **OZ COMIC-CON**



#### BY CHARLOTTE GOODSIR

If you haven't spent the last two months playing Pokémon Go, I hope you've been making your cosplay costume because  $\mathsf{Oz}$ Comic-Con is just around the corner!

Like all comic conventions, the event features celebrities from movies and TV, artists and writers and events such as autograph sessions, Q & A panels, gaming tournaments and costume contests.

This year they have Mitch Pileggi, Sam and Dean's grandfather from Supernatural and

Ksenia Solo from Washington Spies, plus a few dozen more to take your fancy!

With warehouse-style floors full of the latest merchandise (think Bunnings but with things that are actually cool), and a gaming zone so you can show off your skills to the cute looking cosplayers, it's time to whip out your super hero costumes and bask in the amazing world of Comic-Con

**Sydney Exhibition Centre** 

10-11 September, 9am-6pm

**VERDICT:** A truly comical day.

MOREINFO: OZCOMICCON.COM/2016

cost: \$52, 50

# CHEAP A\$\$ BY GENEVIEVE GAO

# **ENJOY**

# **Sydney Latin American Film Festival**

WHEN: 8-12 Sept, 7-11pm WHERE: Dendy Cinemas, Circular Quay COST: \$16 concession per session MORE INFO: sydneylatinofilmfestival.org

Say hola to the 11th annual 'SLAFF'. With eight features films and three docos over five action-packed days, this shindig will screen some of the best in award-winning Latin America cinema.

# **OBSERVE**

# **Gardens of Stone: In Focus**

WHEN: 17 Sept-18 Sept, 10am-1pm WHERE: The New Law Building, University of Sydney COST: \$30 for a day pass (you need to register online) MORE INFO: colongwilderness.org.au

Just last year, groups of photographers crossed the Blue Mountains into the rugged landscapes of the Gardens of Stone. They returned with hundreds of breathtaking images not to be missed in this exhibition.

# **MOVE** ←



#### Confluence Festival of India: Free Bollywood Workshop

WHEN: 10 Sept, 4-6pm WHERE: Forecourt, Sydney Opera House MORE INFO: confluencefoi.com/event/ bollywood-workshop

Feeling like getting your dance on? Learn from one of the best in the biz, Gilles Chuyen, as he takes you through some fun, traditional dances including Chhau Mayurbhanj, Kathak and Bharatnatyam. It's going to be a good old Bollywood flash mob, so come





# Because adulting is hardi-

Arc is here to teach you all about life PP (Post-Parents) with a range of easy to understand and free workshops.

APPLICANT WITH JESS	Wed St Aug Spm (WS)	Arc Training Room
PRESENTATIONS WITH METCH	Thur let Sept Spin (WS)	Are Daining Room
A GUIDE TO RENTING WITH DAVID & DAVID	Thu 15 Sept 3pm (W5)	Arc Chibs Space
SAVE THOSE DOLLARS	Wed 21 Sept 2pm (WS)	Arc Chibo Space
A GADE TO CENTRELINK WITH DAVID & DAVID	Thur 22 Sept Epm (W9)	Arc Clubs Space
BUDGET WITH SARAH	Russ 4 Oct Ham (W10)	Asc Olde Space

Limited spots, book online now. arc.unswedu.au/workshops



Napping, a cherry-blossom coloured spring and hiking in the Alps. Isabella Cornell shared with Blitz what it's like to go on exchange to Tokyo after returning from Keio University.

#### **How is Tokyo different from Sydney?**

Tokyo is like no other place on Earth. It's a city full of contradictions: in one afternoon you can go from chaotic shopping in the heart of Harajuku, to turning a corner and ending up at a beautiful shrine or temple. Then on the next corner there is probably a hidden ramen shop and on the next block a huge park where people are eternally picnic-ing.

The spontaneity of Tokyo and the way that the city balances serenity and chaos is unparalleled.

# Are there any customs that you noticed while on exchange?

As a foreigner, everything that I found difficult or frustrating about Japan was also the reason for everything I loved about the country, from rubbish disposal to the way to line up for trains, not speaking on the phone in public and not eating on the run.

Everyone usually sits down to enjoy their food and coffee, which I think has a certain mindfulness about it. Not many people had takeaway coffee on the morning train and instead cafés were full of people sitting and eating or drinking.

I also definitely appreciated the Japanese fondness for napping. You will find people sleeping in literally any, and every, public space.

# Do you speak any Japanese? How'd you go speaking it there?

I had a pretty basic level of Japanese before coming here and probably didn't anticipate how difficult it would be not speaking the language. Being so immersed in it, however, I picked it up much quicker than I could have imagined.

#### What was the most touristy thing you did?

Hanami ("flower viewing") – it's a picnic under the cherry blossom trees in spring. People set up from early in the morning and sit drinking and eating all day. It's popular with locals, but was sort of the postcard picture of Tokyo in spring.

#### Where did you live?

I lived in a university dorm. In one tower there was about 150 other exchange students and the other tower was the housing for the local Japanese student athletes.

#### One experience you'll never forget?

Hiking in the Japanese Alps, the views from the top were unbelievably beautiful.

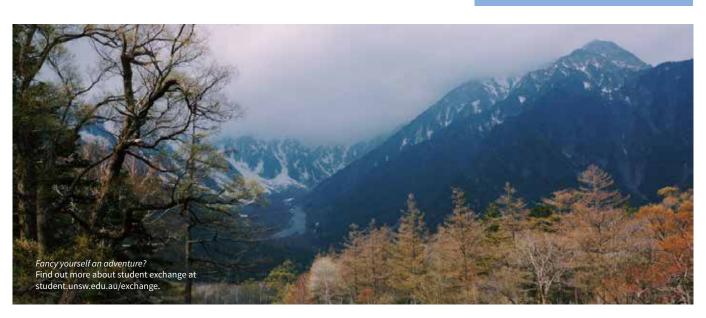
# **RAPID FIRE**

Sushi or Sashimi? Sashimi.

Convenience stores, incredible art, dogs

Finish this sentence: Japanese people are...

Some of most polite, helpful, friendly and creative people I have ever come across



# SHOULD WE BLOCK AD BLOCKERS?

# NO SAYS JOHN SEROUKAS

If you are not convinced by the argument I am about to put forward, then consider yourself an ad that I will block from my life.

Why am I against the use of ad blockers, you ask? You see, just like water is essential for fish, or hairspray a necessity for Trump, so too are ads for humans. A life without ads is like bread without crust, coffee without sugar, or a *Game of Thrones* episode without a cliffhanger. Life just isn't that same without them.

Heck, I'd go as far as saying that if a YouTube video is the main meal, then those ads are the dessert. Moments like Carlton Draught's It's A Big Ad are what make all those boring Rivers ads worth it.

But most importantly, ads are the cornerstone of the Western economy. If it weren't for ads, websites like Gumtree and eBay wouldn't exist. Every time you use an ad blocker you're robbing these websites of their profit and pretty much strangling the media and any chance of its survival

But worst of all, beautiful reader, if ad blockers didn't exist, we'd have no idea if there were any sexy singles in our area. Do you really wanna deny the Internet that happiness?

Didn't think so.

# YES SAYS NIKO PAJARILLO

"Driving home? Cooking? Getting ready to go out? Start Spotify Radio and all you'll have to do is hit play."

Yes, we've all heard it, and there's no way to get rid of it. Well, no way short of forking out a shitload of cash every month to pay for a premium account.

But you see, the problem here isn't the fact that listening to music without products being pushed in our faces is now impossible, but the fact that every form of media today is so overly saturated in promotional material. Everything we come into contact with is drowned in ads and marketing ploys.

We put up with it every day and when I come home, I don't need to see anything about sexy singles available in my area.

AdBlock Plus recently won a string of court cases in Germany with the general consensus being that there needs to be an importance placed on a user's right to privacy and decision-making in the World Wide Web.

And the fact that I'll never have to hear about your "little red quote", or that "prices are down", or the blemishing of Dean Martin's timeless classic with the so masterfully written, "that's a down-down", means that I win this debate.

Block away friends. You deserve some ad-free browsing.





# presents GLAD WRAP

BY AMY KIMBALL

Hey listeners! Over the past few issues I've introduced you to a different morning, niche and drive show. This week's featured show is a drive show from the wonderful Campbell and Declan.

The bromance began when Cam and Declan met day one of semester one in their first year. They soon discovered that they were separated at birth, or to put it in their own words, they found out that they were "destined to walk this earth as oracles for this new world order". You can hear this synchronicity on their show *Glad Rap!* 

Cam and Declan describe *Glad Rap* as a ground-breaking radio odyssey that takes weekly viewers from the streets to the sublime. They pick the latest trends, tracks and truths for listeners and boil it down to two hours of rap ecstasy.

The boys broadcast live on Tuesday nights from 6-8pm. The discuss rap, lyrics, artists and lifestyle. This semester they promise more laughs, more bangers, and of course, more Lil Yachty.

# RADIO SPOTLIGHT // CAMPBELL & DECLAN

#### Your go-to radio jam?

Lil Yachty, the God.

#### Your show in three words:

Lil Yachty appreciation.

# Who is your dream radio guest?

Birdman so that we could tell him to put some 'Respek' on our name.

## What are you afraid of?

Getting our tour bus shot up like Wayne.

#### Your secret talent?

Clearing house party dancefloors with terrible music.



# BLITZ RADIO UNSW'S STUDENT BROADCASTER!



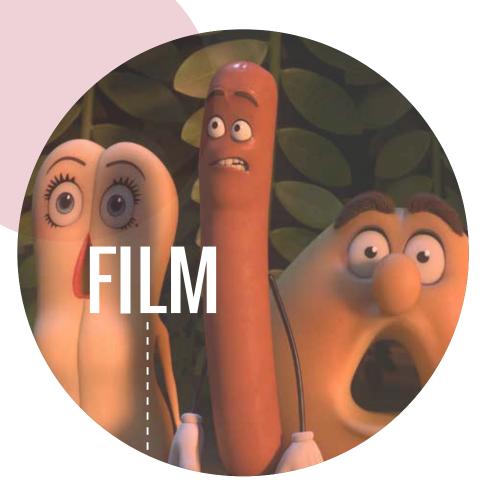
# TUNE IN FOR YOUR DAILY DOSE OF BANGERS AND BANTER!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>8:00-11:00am</b>	<b>8:00-9:00am</b>	8:00-10:00am	<b>8:00-10:00am</b>	<b>8:00-10:00am</b>	
Breakfast with Courtney and Claire	NICHE SPOTLIGHT	Humans of UNSW with Steven	Breakfast with Harry and Nash	Leftovers with Simon and Garry	
	<b>9:00-11:00am</b>	<mark>10:00 - 11:00am</mark>	<b>10:00 - 11:00am</b>	<b>10:00 - 11:00am</b>	
	Real Talk with Andy	GeekGirl	Gal Chats with Bre and Carla	BJ in the Morning with Bec and Josh	
<mark>11:00 - 12:00pm</mark> Jack Butchart's Popular Radio Show of the Same Name	11:00 - 12:00pm 11:00 - 12:00pm 11:00 - 12:00pm Sports Weekly with Seb The Entertainment Hour with Amy Science Fair with Jo		11:00 - 12:00pm Cinemaniacs with Samuel		
3:00 - 4:00pm	<b>3:00 - 4:00pm</b>	<b>3:00 - 4:00pm</b>	<b>3:00 - 4:00pm</b>	<b>3:00 - 4:00pm</b>	
*cough, cough* Movie Trivia	Hoop Dreams with Jack and Antonio	Rare Finds with Alessandra	Ritz and Rawb with Julian and Roberta	mulch. with Romy and Nicole	
<b>4:00 - 6:00pm</b> Nahtya Regular Jams with James and Nadia	<b>4:00 - 6:00pm</b> Aural Pleasure with Dom and Nick	<b>4:00 - 6:00pm</b> Carlos & The Chicken with Niko and Ken	<b>4:00 - 5:00pm</b> Love Song Decimations with Ronald Salmon	<b>4:00 - 6:00pm</b> Fried Days with John and Gen	
			<b>5:00 - 6:00pm</b> She Goes Alright with Maddie		
6:00 - 8:00pm	<b>6:00 - 8:00pm</b>	<b>6:00 - 8:00pm</b>	<b>6:00 - 8:00pm</b>	<b>6:00 - 8:00pm</b>	
The House Party with Eric	Glad Rap with Cam and Declan	Playback Korea with Liam	Fear of Music with Ryle	Kool Beatz with The Broducers	









#### SAUSAGE PARTY

BY LIAM LUANGRATHRAJASOMBAT

Sausage Party is the most messed-up movie you will watch all year. Don't take your kids to this one, folks.

In fact, Sausage Party is a deviant, sexual trip that follows the story of what awaits food when they leave the shopping centre. This film may be MA15+, but 15 year olds would not be ready for the traumatising material on display here.

Sausage Party is a funny film, but it is unsettling and irksome. Sexual jokes are taken further than in any other film I've ever seen.

There's a point where a movie becomes too messedup to be funny. And unfortunately, this film went way over its threshold.

Ultimately, Sausage Party is not a movie you will ever need to watch again. I personally, am scarred for life to say the least.

**GRADE: PASS** 



#### **BOJACK HORSEMAN: SEASON THREE**

BY JULIAN RIZZO-SMITH

BoJack Horseman offers a great mix of laughs, empathy and deep moments.

Despite being an animated series and often seen as a comedy, *BoJack Horseman* delivers dramatic moments that at times made me take a moment to reflect on what was being said. The cast are all perfectly flawed and deal with issues relating to one's career, existentialism, sexuality and parenthood. Most of the show's characters are talking animals, however, they are brought to life by hyperbolic characterisation.

BoJack's starring role in *Secretariat* is the focus of the season, which allows for a lot of light-hearted jokes about Hollywood, while also exploring whether this role will fulfill what's really missing in his life.

The writing in this season is probably the best the show has had, particularly in its final three episodes, as the conflict begins to unfold. Will Arnett's performance as BoJack was honest and authentic. Although, the rest of the cast each had their distinct moments.

**GRADE: DISTINCTION** 

## PALMISTRY-PAGAN

BY VICTORIA TICHA

Meet Palmistry. He's a dreamy, soft-voiced outsider making party music for introverts.

Benjy Keating, the strange pagan son of pastor parents, has created a dancehall-inspired, minimalistic pop album about feeling happy alone.

It's taken Keating six years to release his full-length debut and while he's produced and written every second of it, the album lacks a distinct sound.

Keating relies on looped synths, subdued drum machines and the occasional sampling. While there are a couple of notable moments like the detuned melody of 'Beamer' and the lighthearted beat of 'Ascent', the album will leave you wanting more.

Be wary that the indistinct vocals and whispering tones risk putting you to sleep.

**GRADE: CREDIT** 



# REVIEWS

## THE BATMAN SERIES: EPISODE ONE

BY JULIAN RIZZO-SMITH

I was sceptical when Telltale announced that they were releasing an adaption of the *Batman* series. Yet, Telltale's take on the *Batman* series uniquely combines the developer's narrative formula with the gritty Gotham world and its characters.

The game emphasises the role of the masked crusader's alter-ego, Bruce Wayne, as the player balances the life of the millionaire philanthropist with the crime-fighting hero.

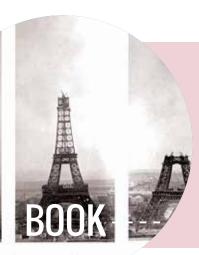
Voice acting fans will recognise the triple-A cast with veterans Laura Bailey, Troy Baker and the voice of *Uncharted's* Sully, Richard McGonagle, involved.

However, the facial expressions can be awkward at times and background images are two-dimensionally painted, contrasting the three-dimensional forefront environments.

The game's action sequences are expectedly quick-time events that manage to capture the brutal strength of Batman. And best of all, you can play *Batman* as violent and merciless, or as a superhero who uses non-violent means, giving the illusion of choice.

Play it. For justice.

# **SCORE: DISTINCTION**



# **INEXPERIENCE BY ANTHONY MACRIS**

BY LIAM LUANGRATHRAJASOMBAT

Anthony Macris' latest novel is as polished as it is uninteresting. *Inexperience* is the result of years of writing experience, leading up to a novel that is so technically fine that reading it is a chore.

Every page is chocked full of thoughts that go on for too long, sentences that lose meaning before I had the chance to finish them, and uninteresting characters. In *Nest Egg*, one of the short stories, the persona rants about his desire to "save more money". The great detail that goes into this character's predicament overstays its welcome – and this is a recurring feature throughout the book.

*Inexperience* is separated into a novella that travels the world with a few short stories tucked into the back of the book. The writing is cold and off-putting. I don't care for these characters, their problems or the privileged sense of travel and wealth that plagues *Inexperience* and *Nest Egg.* 

Anthony Macris is a mature writer and *Inexperience* reflects this. His execution of his latest work is attached with a polish that comes only after years of experience in the field of creative writing. Unfortunately, the skill of his writing is overdone to the point of debilitating the characterisation and plot line within his work.

# GRADE: FAIL



## CIRQUE DU SOLEIL- KOOZA

BY VICTORIA TICHA

Cirque Du Soleil has returned to its roots with *KOOZA*. The journey unfolds as he is led through a comic kingdom by the charming and sophisticated Trickster, who appears to be its genius creator. He encounters two genuinely funny clowns; a dopey king and the uncontrollable and fluffy Mad Dog. Tip: if you don't fancy being peed on, don't sit in the front row.

The cast of 50 acrobats, musicians, singers and actors emerge to capture our imagination and set our hearts racing. By combining extreme acrobatic performances such as the golden twins in *Contortion* and the *Hoops Manipulation*, with gravity defying acts like *High Wire* and *Teeterboard*, the show celebrates the sheer power and beauty of the human body. But it's also unbelievably terrifying.

The Wheel of Death is powered by two artists who leap and counter-rotate in a death-defying display of fearlessness on a 1,600 pound rotating wheel hanging from the ceiling.

KOOZA may be jaw-dropping, but it also explores important themes of identity, recognition and power, by reminding us of the magic in our everyday reality. Life may require serious discipline to achieve great things, but it's important not to take yourself too seriously, and of course, to have fun along the way.

#### GRADE: HIGH DISTINCTION

# FIVE TIMES THAT GILMORE GIRLS REPRESENTED YOUR UNI LIFE

BY EMILY LAM

In the words of Lorelai and Rory Gilmore, Gilmore Girls not just a show, it's a 'lifestyle'. Gilmore Girls nails what it's like to be a caffeine deprived student in denial about a crippling HECS debt. Here are five highlights of the show that are uncannily relevant to student life.



# The godawful questions about your future that never seem to end

The more time we spend at uni, the more we're asked if we've got our lives sorted. Whether it's about internships, final exams or life in general – issues just keep popping up. Lorelai sums up how most of us handle problems such as the almost-graduate crisis and adulting in general.



# When uni leaves you emotionally unstable and you don't know how to feel about that

The love-hate relationship you share with uni is the most dysfunctional relationship of all-time. The ridiculousness of having three assignments due in a week makes you want to laugh and cry. And according to Sookie St. James, you're certainly not the only one.



# Sleep is for people with a healthy uni-life balance

People with a healthy uni-life balance are either snaking it or don't exist. Instead we all can empathise with Rory's struggles. Rory is that friend who is constantly pulling all-nighters to get on top of the seemingly endless uni workload. And we hate to break it to you, but the simple truth is that if you don't have that friend, you're probably the Rory of your squad.



# When you have to compromise your interests for that HD

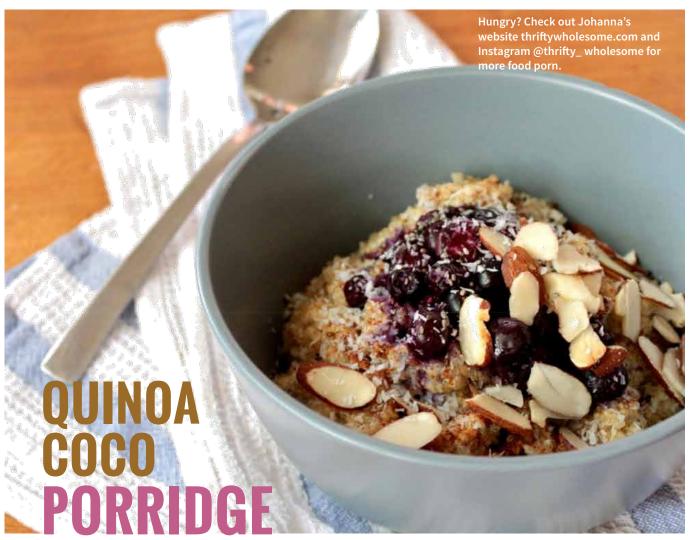
Yep, Gilmore Girls sums up how we feel every time we are hit with the crisis of having a tutor/ lecturer who wants you to swallow their opinion and repeat it back to them. And critical thinking is only okay if it follows their opinion.



# When you become bitter AF and don't care

Like Lorelai, when one of your friends lays down a rant about group assignments, referencing or an early morning tute, you're pretty damn close to grabbing the popcorn. Uni has fast-tracked you to becoming the bitter person that you thought wouldn't arise for another 30 years or so. UNSW Rants? You check their page daily. Ain't no shame in that.

SERVES 2 DIFFICULTY Easy PREP TIME 5 MINS COOK TIME 10 MINS



BY JOHANNA HAGENAUER

When I ask friends who quit gluten what they miss eating most, their reply is a warm bowl of porridge. My gluten-free recipe comes as close to the comforting breakfast classic as possible, and it is my secret tip for overcoming rainy, moody mornings.

# **INGREDIENTS**

1/2 cup of uncooked quinoa

1/2-2/3 cup of water

1/2 cup of coconut cream

1 tsp. chia seeds

1/8 cup of shredded coconut

a few drops of stevia (optional)

blueberries (fresh or thawed)

shredded coconut

1/2 tsp. cinnamon and natural vanilla essence

crushed or sliced almonds

## **INSTRUCTIONS**

1. Place the 1/2 cup of quinoa into a saucepan with water and let it cook until the water is absorbed (about 10 mins).

2. Add coconut cream, chia seeds, shredded coconut, stevia, cinnamon and vanilla. Then reduce the heat to low and let the ingredients simmer until the coconut cream is absorbed. You might have to add some water if the quinoa seems too undercooked.

3. Serve hot in a bowl and add toppings of your choice.

TIP: My favourite flavour combo is warm blueberries (simply put some frozen ones into the microwave for a few seconds) and add sliced almonds.

# SPRINGSCOPES BY MADELAINE DE LEON



#### **ARIFS**

You will be in snowed in by assessments over the next few weeks. Use your competitive nature to beat all the snakes in your course.

Spring clean: your Pokémon Go addiction.



#### I IBRA

I know you're not a fan of confrontation, my spirit animal, but you've got to overcome that this week. Shit's going to get real.

Spring clean: your Spotify. Add some boasting rap tracks that'll give you Kanye's confidence.



#### TAURUS

Don't be torTaurus to yourself. You've made it this far in the semester without screaming, and that's an achievement. For real.

Spring clean: the mouldy tea cup beside your bed and put away the floordrobe.



#### **SCORPIO**

Scorps, you're about to meet someone really cool. Make sure you get their number or they'll disappear. **Spring clean: your shitty phone wallpaper.** 



#### **GEMINI**

The world is your oyster, Gem. Share your genius (especially if it is a cleverly written meme). **Spring clean: basic peeps.** 



#### **SAGITTARIUS**

You might find yourself in a bit of an existential crisis. Stay clear of anything too thought-provoking. Now is time to get hooked on a crappy reality

Spring clean: your double-shot espresso habit.



# **CANCER**

Someone is getting the big bucks this week. Make sure you don't splurge (especially if it includes the following fashion trend).

following fashion trend).

Spring clean: double denim.



# **CAPRICORN**

Caps off to you this week. You're making heaps of progress and we're super envious.

Spring clean: any regretted FB statuses that a future employer is going to see.



#### llFO

Stand up for yourself and ignore all the Mufasas. We'd be lioning if we said you've been letting them get away with treating you badly for too long. Spring clean: the haterz.



## **AOUARIUS**

Stretch that hollow brain of yours, curious Aquarius. Right now is the time to think of important matters beyond the dome of Netflix TV shows.

Spring clean: your awful Netflix taste. Start watching *The Mask You Live In* instead.



## **VIRGO**

and about.

It's time to peek out of your shell Virgo. Yeah, roll out off bed and do something like Nike says. Spring clean: your habit of hiding behind strangers when you see someone you know out



## **PISCES**

Pick up some skillz, Pisces. Whether it's dunking a basketball or an Oreo, it'll give you the chance to discover something new about yourself.

Spring clean: your schedule.



Logbar's ili is the first wearable voice translator for travellers. Say adios to misunderstandings with this device that works even without Wi-Fi. It is not available to the public just yet, but the product is set to revolutionise how we communicate



#### PIC FLEX CAN \$50-100

minion crossed with an alien cyclops. The equally cute and creepy camera allows you to capture the moment easily with a portable design that you can wrap around anything from your pets to your hand. But by far the best thing about this product is that it is named Frank.



# LILY BY LILY ROBOTICS

Yeah this one isn't cheap, but what'd you expect from a quadcopter drone camera named Lily?

Lily works using WiFi and location through GPS. With an impressive flying range between 5-100 feet, a waterproof design and a 20-minute flight time, this camera doesn't muck around.



# PHIL'-ING GOOD MEET TEAM GET PSYCHED

BY CELINE HABIB

With the Fun-A-Thon on its way, the 11 teams have officially been formed. From *Blitz* to PsychSoc, PHIL' is in for a treat with teams coming from all walks of UNSW life! We chatted to PsychSoc about why they chose to get involved.

# GFORGF



#### What challenge are you most looking forward to?

Seeing how much money we can raise for our cause is something we're really passionate about, though weary for the uphill battle.

#### Which fictional character do you wish was real?

Spiderman. It'd be cool to see someone dangling from webs and actually normalising the otherwise unflattering and socially unacceptable attire of morphsuits.

# If you could be reborn as someone, who would it he?

Michael Phelps because damn he has gold to spare, and also that fame and glory.

# PFTFF



#### How did you hear about PHIL'?

Through the PsychSoc committee and FB page.

#### Which fictional character do you wish was real?

Deadpool. It would be a lot more interesting and fun than the typical good guy.

#### Best pick-up line?

'I might be ugly, but I'll treat you right.'

# JULIA



#### What made you interested in PHIL'?

Working for a good cause and having plenty of fun in the process.

#### What's your team's strategy on the day?

We will use are our psychology knowledge to create a pep talk that's out of this world, making the competition a piece of cake.

#### Best pick-up line?

I don't believe in pick-up lines. Just the power of winking.

# **JUSTINE**



#### What made you interested in PHIL'?

Growing up as a pianist, plus being a psychology student, music therapy has always been an area that I am interested in. So when I heard about PHIL's good work, I was immediately sold.

#### Which fictional character do you wish was real?

Jay Gatsby. That glamorous yet mysterious life in the 20s

#### Give me your best pick-up line.

"I think you're suffering from a lack of vitamin me".

# SCOT



#### What made you interested in PHIL'?

The simple yet elegant nature of helping out a great cause and having heaps of fun doing it.

#### What challenge are you most looking forward to?

Staying up for the overnight challenge. My friends in high school did one for a scavenger hunt and I've always wanted to do it. My nights of studying should have prepared me well!

## Which fictional character do you wish was real?

Peppa Pig would be a laugh.

# KRISHAN



#### What made you interested in PHIL'?

I like working with driven people and you find a lot of these people in student-run organisations. I've also worked with many disadvantaged children and those experiences have only heightened my desire to help the unfortunate.

# If you could be reborn as someone who would it he?

Frederick Barbarossa. Red beard + fighting in medieval armor + emperor status and charisma is all lined.

#### Best pick-up line?

Tell a girl to feel your shirt and say it's boyfriend material.

Donate at phil.everydayhero.com/au/get-psyched









# PUZZLES

# **HUB WORDS**

How many words can you make from the letters in the wheel? Each word must contain the hub letter.





				1	7	8	5	
2				5	9	3		
2 5	6							
4	2		8					
					3		2	9
							8	7
		2	4	6				3
	1	3	5	7				

# WIN

# A DOUBLE PASS TO A FORM DANCE PROJECT: MFTADATA

This September FORM Dance Projects and Riverside Theatres will present *Metadata*, an immersive work from the acclaimed dance performance company, De Quincey Co.

Metadata will include two works; Pure Light and Moths & Mathematicians. The two works probe the latest developments in physics and cosmology with the artists exploring a world of colour, sound, particles and impermanence.

Following each performance, audiences will be invited to take part in the Arts-Science Exchange where artists and scientists will discuss some of the latest scientific developments in the context of the performance.

Blitz is giving you the chance to win a double pass to the 17 Sept show at 8pm. To enter the competition email us at blitzeditor@arc.unsw.edu. au with the subject line 'Metadata Comp' and tell us why you want to go.

# A DOUBLE PASS TO SAM CAMPBELL AT SYDNEY FRINGE COMEDY

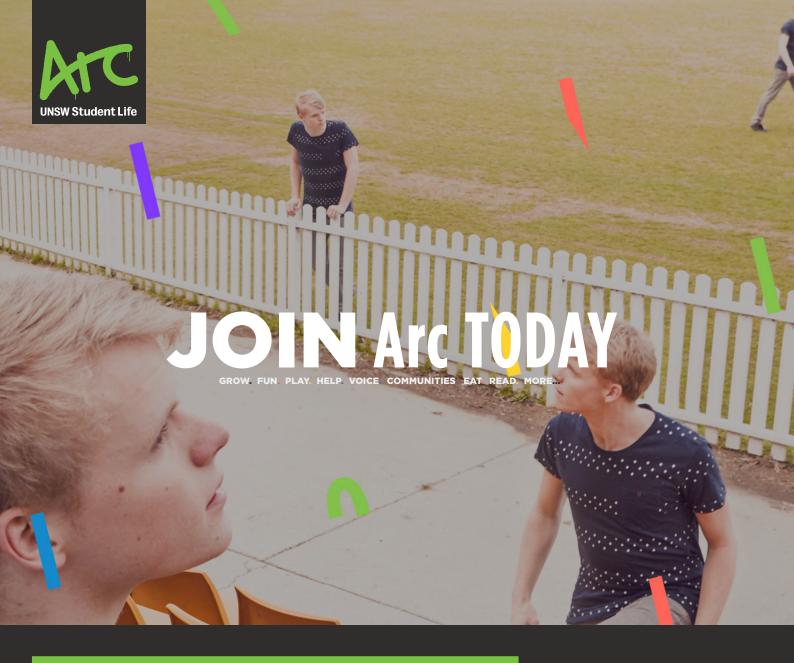
Sam Campbell is a Sydney comedian who has a regular segment on triple j every Thursday.

He's also featured in *Dayne's World*, *The Checkout* on ABC and is part of the YouTube collective *Skills in Time*. In 2015 he won the Best Newcomer award at the Sydney

Comedy Festival.

Sam is performing at Sydney Fringe Comedy on Sept 20 at The Factory Theatre at 9.30pm.

Blitz is giving away three double passes to his show. To enter the competition send us an email at blitzeditor@arc.unsw.edu.au with the subject line 'Sam Campbell competition' and tell us your best joke.



# **DID YOU KNOW THAT Arc MEMBERS GET SPECIAL DISCOUNTS OFF CAMPUS TOO?**



# DISCOUNT ESCAPE ROOMS BREAK THE CODE: REAL ROOM ESCAPE

Experience all the thrills, terror and adrenalin of BREAK THE CODE escape rooms. Arc members get \$15 off!



# DISCOUNT BOTTLEBRUSH BACKPACKERS HUNTER VALLEY

Head on over to wine country with a boozy weekend or romantic getaway. Arc members are discounted 20% when they message Bottlebrush on Facebook before booking.



# IF YOU DIDN'T HAVE TO WORK, WHAT WOULD YOU DO INSTEAD?

I'd continue to work as a tutor

# WHAT'S YOUR FAVOURITE THING TO DO DURING SPRING TIME?

I love gardening. Daisies and roses are the best.

#### SKINNY DIPPING, YAY OR NAY?

Nay! Especially not in this weather.



# VOX POPS



# IF YOU DIDN'T HAVE TO WORK WHAT WOULD YOU DO INSTEAD?

Play tons of video games

# IF UNSW TURNED INTO A PILLOW-BLANKET BATTLEFIELD, DO YOU RECKON YOU'D SURVIVE?

Yeah. I'd start a black market by selling the most comfortable blankets as a commodity.

#### SKINNY DIPPING, YAY OR NAY?

ves, if everyone else is doing it. It would be awkward if I was the only one and everyone ended up staring at me.

#### WHAT'S YOUR FAVOURITE THING TO DO **DURING SPRING TIME?**

I like reading fantasy series during spring.

# IF UNSW TURNED INTO A PILLOW-BLANKET BATTLEFIELD, DO YOU RECKON YOU'D SURVIVE?

I would survive by creating an alliance with others and betraying them when it's beneficial.

# SKINNY DIPPING, YAY OR NAY?

Yay! But only in a private swimming pool.

#### IF YOU DIDN'T HAVE TO WORK WHAT WOULD YOU DO INSTEAD?

I would do gardening.

# WHAT'S YOUR FAVOURITE THING TO DO DURING SPRING TIME?

Photosynthesis: go outside and get sunlight.

## IF UNSW TURNED INTO A PILLOW-BLANKET BAT-

TLEFIELD, DO YOU RECKON YOU'D SURVIVE?

Yes. It should be easy to survive since everything is made out of pillows and blankets.



# PSYCHOLOGY/

# IF YOU DIDN'T HAVE TO WORK WHAT WOULD YOU DO INSTEAD?

Run a dog shelter/ sanctuary.

# WHAT'S YOUR FAVOURITE THING TO DO DURING SPRING TIME?

Spring cleaning and redecorating my room.

SKINNY DIPPING, YAY OR NAY?

Yay!



# IF YOU DIDN'T HAVE TO WORK WHAT WOULD YOU DO INSTEAD?

I would be a farmer and grow harvest, like that game *Harvest Moon*.

#### WHAT'S YOUR FAVOURITE THING TO DO DURING SPRING TIME?

Go the beach. During spring the weather sits just right between winter and summer

IF UNSW TURNED INTO A PILLOW-BLANKET BATTLEFIELD, DO YOU RECKON YOU'D SURVIVE?

For sure. I'd camp at a tall building and snipe anyone in sight with pillows.



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