

blitz

WHAT'S ON UNSW

S2W3 2016



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UNSW Student Life

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CONTENTS

05 CONTRIBUTOR SPOTLIGHT

06 BITZ & PIECES

08 **THE TOP 6**
Unofficial UNSW
Facebook Pages

09 **ADULTING 101**

11 **THROWBACK**
Fashion Trends That Shouldn't
Make a Comeback

13 **KUDOS GALLERY**

14 **YOU KNOW
WHAT SUCKS...**
Tutes

15 **TECH GEEK**

15 **WALAMA MURU**
Get Involved

17 **WHAT'S ON**

21 **PHIL-ING GOOD**
Spread the Word & Help
the Kids

22 **GUMTREE
WITH GUMPTION**

23 **AN INTERVIEW WITH...**
Tricksoc

25 **EXCHANGE DIARIES**
Florida

26 **BLITZ RADIO SPOTLIGHT**
The Entertainment Hour

27 **BLITZ DEBATES**
Are Unpaid Internships
Worth It?

28 **REVIEWS**

29 **BEST PLACES
ON CAMPUS TO...**

33 **UNSW EATS**

34 **VOLLIESCOPIES**

35 **PUZZLES**

37 **VOX POPS**

ADULTING 101

p.09

p.11

p.21



Tina Zhou
Chair of the Arc Board

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Hey UNSW,
I hope you're settling into your classes and enjoying the beginning of semester.
While going to university is about the academic learning, the university experience becomes even better when you get involved in the 30+ amazing volunteering programs that Arc offers. Volunteering is a wonderful opportunity to make some awesome friends, have a great time and learn about yourself.
In this edition, you'll be hearing about PHIL', Arc's new philanthropy initiative commencing this semester!
Best, Tina



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I've done my fair share of volunteering — there's a chance that if you have lived on the Central Coast during the past 10 years, I forced you to empty your pockets for a number of charities. But as I've gotten older (and way less cute), getting strangers to hand over their loose change hasn't been as easy.
This issue is dedicated to all the Arc volunteers who help keep our gardens green, are only a phone call away when we're having our inevitable end of year uni crises and give us free stationery when we can't afford the fancy Typo kind. You're the real MVPs.
Let's talk science: volunteering gives you massive brownie points from the universe. So it's time to do some good this semester.
Edén



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CONTRIBUTOR SPOTLIGHT

GEORGIA GRIFFITHS MEDIA (COMMUNICATIONS & JOURNALISM) / LAW

What Arc volunteer project would you volunteer for?

'The Stationery Reuse Centre' because they understand that folders are expensive and that uni students are poor.

What's your top tip on how to be an adult?

Swimmers are a great replacement for underwear if you're behind on washing.

What is your favourite Olympic sport to watch?

Probably basketball. Nothing like watching tall people play sport really well to make you feel inadequate.

Your favourite memory being a first-year?

Passing all my courses with a questionable amount of effort was a definite highlight.



JULIAN RIZZO-SMITH MEDIA (COMMUNICATIONS & JOURNALISM)

What's your top tip on how to be an adult?

Be independent. There's nothing wrong with asking for help, but part of the journey is the constant trial and error.

What's something hipster that annoys you?

When restaurants serve food on a wooden chopping board. Who are you trying to please?

Your favourite first-year memory?

Meeting the people that would soon become my close friends for the first time.

If UNSW had a conspiracy what would it be?

That Natalie Tran never attended UNSW and is actually a Sydney University alumni.

ANDREW HWANG COMMERCE/ MEDIA

Would you settle for an unpaid internship?

If an internship pays for my food, we're sorted.

What's your top tip on how to be an adult?

Move out and discover what a 'bond' is.

What is your favourite Olympic sport to watch?

Taekwondo because it's the closest thing to Tekken that I can get.

What's something hipster that annoys you?

Overly excessive beards. To the point where it becomes a bird's bungalow.

If UNSW had a conspiracy what would it be?

That the Library Lawn clock is a TIME PORTAL!



AIDIL TEPER MASTERS OF JOURNALISM

What Arc volunteer project would you volunteer for?

'Arc Goes To...' because I'd get to explore new places and meet new people.

Would you settle for an unpaid internship?

Yes. If the internship is at the company that you want to work for when you graduate then suck it up and hang on for the ride.

What is your favourite Olympic sport to watch?

Boxing. Muhammad Ali is one of my idols. My FB cover photo has this quote: "I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion!'"

Your favourite first-year memory?

I'm doing my Masters and exploring Sydney every chance I get. There is so much to do in this city!

GRACE MINER MEDIA (COMMUNICATIONS & JOURNALISM)

Would you settle for an unpaid internship?

Yes, but I think you should be picky about where you intern and make sure it's not forever!

What's your top tip on how to be an adult?

Fake it 'til you make it (don't worry, that's what everyone else is doing too).

What's something hipster that annoys you?

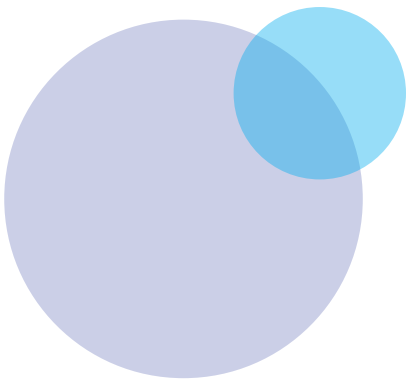
It annoys me that everything is considered 'hipster'

and you can be labelled a hipster even when you're not trying to be.

Would you rather: live with your parents or live alone?

I would much rather live with other people. I hate being home alone at night and hearing strange noises — I end up sleeping with all the lights on.





BITZ & PIECES

BY HARRY THOMAS

PLAYLIST



MICHAEL JACKSON | *Earth Song*

Here's to all you dedicated vollies out there, thanks for helping the planet and its people.



RIHANNA | *Work*

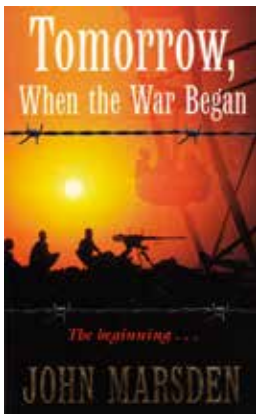
Ri Ri gives us some solid advice now with that sem has started back with all those early morning tutes.



BOB MARLEY | *Get Up, Stand Up*

Marley said it himself, it's time to get on your feet and try out a new volunteering project.

BOOKNOOK



TOMORROW WHEN THE WAR BEGAN
by John Marsden

This Aussie legend of a book tells the tale of a group of small town kids who head out on a camping trip, only to return to an Australian invasion. This one is a page turner, we promise.

FUNFACTS

Elvis once wrote a letter to President Nixon asking to become an undercover drug cop.

Highly concentrated mint oil has been known to kill mosquitoes.

Tom Cruise's real name is Tom Mapother the 4th.



URBAN DICTIONARY



UNSW LOVE LETTERS

SOCIAL STALKER



LIKES

This month it's 219 years since author of *Frankenstein*, Mary Shelley was born.

I am not a serial killer is out this August. But seeing as the movie is a thriller, we're not convinced by its title...

Glass Animals have a new album out August 26 and if 'Goosey' is anything to go by, it's going to blow our minds.



DISLIKES

When *Pokémon Go!* drops out halfway through catching a rare Pokémon. *sad face*

We're a little over the US election coverage. Even the meme of Trump's hair being compared to a pineapple.

Taylor Swift and Kimye's feud will never end. Build a bridge guys...

Instagram @baddiewinkle



Reminding us all that true OGs never die they only fade away, @baddiewinkle is an endless gangsta grandma.

Facebook

What The F Facts by Diply



Now you can finally learn things that are actually useful during lectures... like what flowers smell like chocolate.

YouTube BigThink



BigThink will keep that study motivation rolling with bite-sized videos from experts from R around the world.

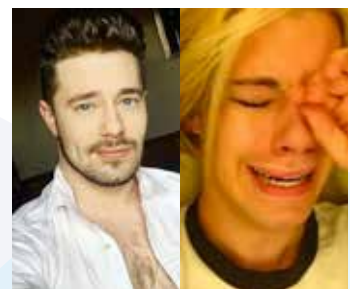
VIRAL THROWBACK



We get it, he's a real tradie. But this was by far one of the best things about the 2016 Fed Election.



Throwback to when Kanye asked Mark Zuckerberg for money earlier this year. Did someone say 'Gold Digger'?



We'll #neverforget the 'Leave Britney Alone' video. Fast-forward eight years and the hysterical fan is now a songwriter, blogger and porn actor.



THE SIX BEST UNOFFICIAL UNSW FACEBOOK PAGES

BY CHARLOTTE GOODSIR

IF YOU'RE PROCRASTINATING ON A UNSW-RELATED PAGE, IS IT REALLY PROCRASTINATING? IT'S ABOUT TIME YOU DITCHED YOUR REQUIRED READINGS FOR THESE GOLDEN PAGES.

SNOOZING AT UNSW

It's no longer safe to take an afternoon nap without getting caught in the act. The admin of the group argue, "Your HECS debt is for your education, not to sleep at uni. If you want to pay fees to sleep, go to a hotel." Agree? Disagree? Already asleep?

UNSW LOVE LETTERS

To that guy with the face and the eyes and the nose, yes you, I love you. I only saw you across the crowded Quad and I was behind a wall and it was pretty smoggy but you're living and breathing, which is really all I look for in a relationship. Coffee?

UNSW EVENTS AND PARTIES

This is the page to trawl if you've missed out on tickets to the start of semester party or to a sold-out gig where that band that is so alternative is playing.

UNSW FREE FOOD

A group that gives you valuable insider info on where and when free food is available on campus. The most important lesson you will learn at uni is that every BBQ is a free BBQ if you wait long enough.

UNSW CONFESSIONS

When you just need to vent to the whole of social media about that awful group assignment you had to do, this is the page to do it. Here you will be chastised for your incorrect use of the your/you're/there/their/they're so make sure your English major friend checks your work before you submit it.

UNSW LOST AND FOUND

Here the nicest people on campus post about lost phones, student IDs, USBs and many umbrellas, so you can get through your day without having a breakdown.



ADULTING 101

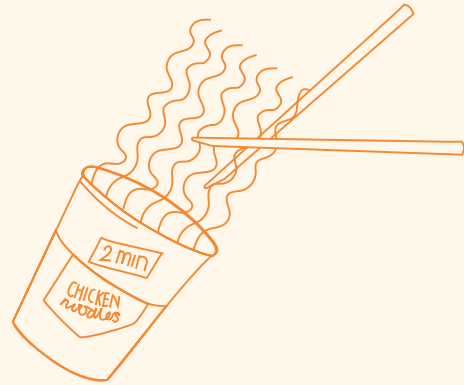
FEEDING YOURSELF

BY NADIA YEO

ARE YOU CONTEMPLATING GOING FREEGAN BECAUSE YOUR COOKING SKILLS ARE ZILCH? WE'VE ALL BEEN THERE. SHOUT OUT TO ALL MY HOMIES WHO STRUGGLE WITH THE MOST BASIC OF LIFE SKILLS: FEEDING YOURSELF.

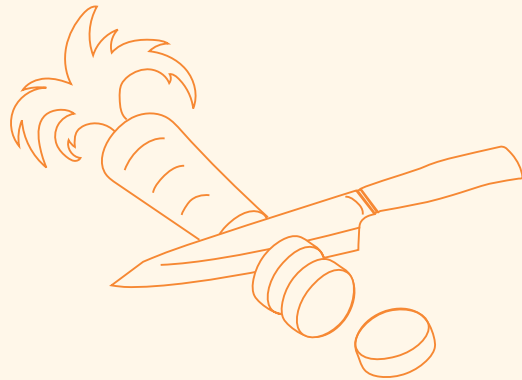
DEFROSTING IS A MASTERY SKILL

The art of defrosting meat while ensuring you don't set the kitchen on fire is the true test of adulthood. If you want to prevent yourself from getting some nasty disease, make sure you take the meat out of the freezer a few hours before you start cooking. Whatever you do, do not toss the plastic box into the microwave. Otherwise your new air freshener will be toxic fumes. Maccas run, anyone?



WHEN YOU KNIFE YOURSELF INSTEAD OF THE AVOCADO

Clean up on aisle four! You don't want to look like you belong in an emergency ward after trying to cook a stir-fry. PSA: chopping boards aren't just a cute suggestion. They're mandatory. You might start out like Gordon Ramsay because you think you got dem skills, but trust me... you don't.

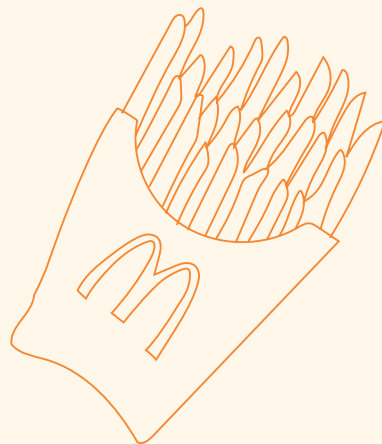


OH NO, THAT'S UNCOOKED

It only takes multiple episodes of bathroom diarrhoea to realise that you still haven't mastered how long it takes to cook meat. You're also pretty sure that you're immune to salmonella by now. Hot tip: If the meat is still pink it's probably still *Finding Dory*. Sashimi is only a viable meal option if you're in a Japanese restaurant.

DITCH THE MICROWAVE

It's time to break up with your microwave. You're an adult now and eating soggy spring rolls is not acceptable. Don't worry there is another PYT in your kitchen and it's called an oven.

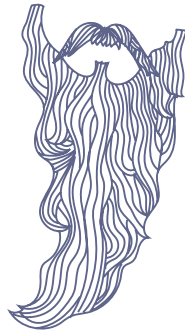


FUCOID//BEARDS

BY CHARLOTTE GOODSIR

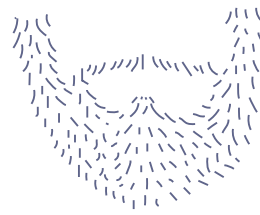
LUSCIOUS BEARDS

For the love of humankind and all that is good in the world, please shave off that 'I should own a white van' moustache you have going on there. Let's go on a journey through time and space and think about the repercussions of growing a beard.



HULIHEE

Oh I'm sorry, I didn't realise we were stuck in the 1700s, oh wait you're not? This moustache-sideburns combo belongs to your uncle that always cracks the bad jokes at Christmas dinner. In Hawaiian 'Hulihee' means 'turn and flee' for obvious reasons.

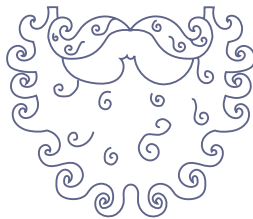


GOATEE

No, this look is not adorable like the animal with a similar name. The most recent time that someone looked good with a goatee was when King Tutankhamun was still alive. Just saying.

3-5 DAY BEARD

Also known as the 'See, I told you I could grow facial hair' look. This facial hair fail makes you look like it's permanently Cocktail Hour. While you're out of the house don't forget to pick up your yoga mat, some light milk and a razor.



FULL BEARD

Traditionally sported by Moses and Jesus, these beards are achieved by doing literally nothing for several years. We know the look you're going for: 'I've just come home from the trip of a lifetime and found myself'. In reality it just looks like you've moved out and your mum no longer bothers telling you to shave your beard.



Unless you are an oompa loompa that has accidentally eaten the hair-growing chewing gum, à la Tim Burton re-interpretation, ask your friends for constructive feedback and try not to look like a criminal.

HOW THE PEPE THE FROG MEME NAILS UNI LIFE

BY RYAN BAUTISTA

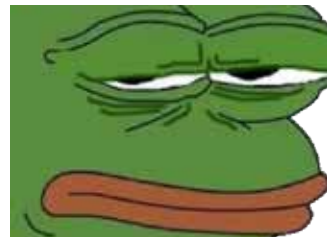
WHEN YOU FEEL LIKE AN ABSOLUTE BOSS FOR AVOIDING THESE TWO TYPES OF PEEPS

The two types? The Socialist Alliance



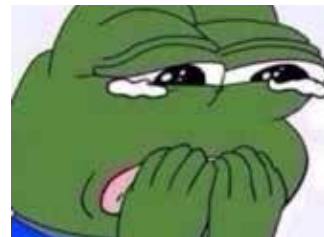
squad telling you to sign their petition and the Med/Law revue campaigners. Leave us alone, we just want to head home.

WHEN YOU FINALLY ARRIVE AT THE TOP OF THE BASSER STEPS



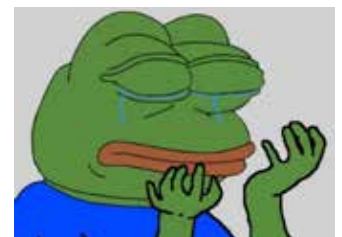
These 106 stairs will determine the difference between passing and failing. But hey, that's your workout done for the day, I suppose.

TFW THE LOGIN PAGE BACKGROUND FOR MOODLE NO LONGER FEATURES MOODLE GIRL



From that moment on, things will never be the same. Like, ever. Though that doesn't mean we'll stop investigating the true identity behind MG, yes?

WHEN THE EXPRESS BUS TO CENTRAL TURNS LEFT ON ELIZABETH STREET



No bus driver, no. You go straight to Eddy Avenue, goddamnit.

TFW YOU WANT IT TO BE MID-SEMESTER BREAK ALREADY



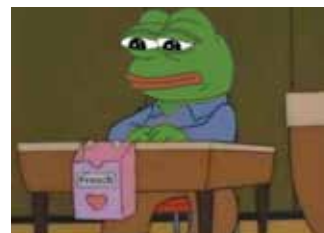
Like, what's the point if you don't put the break in the MIDDLE of the semester? Gah!

WHEN YOU SIMULTANEOUSLY COP YOUR CAFFEINE FIX AND YOUR MAN CANDY FIX AT THE COFFEE CART



Day made.

WHEN YOU'RE WAITING FOR BAE TO ACKNOWLEDGE YOUR EXISTENCE ON FACEY'S UNSW LOVE LETTERS



It's the only sign you've made it big time, tbqh.

AND WHEN YOU FINALLY DO MAKE IT ON LOVE LETTERS. LOVE YOU, BB



It's been 84 years. 84!

THROWBACK

FASHION TRENDS THAT DEFINITELY SHOULDN'T MAKE A COMEBACK

BY GEORGIA GRIFFITHS

DOUBLE DENIM



I really hope that the first person who wore double denim was joking. Maybe it was washing day so they had wear that old denim jacket with their jeans, and upon realising how ridiculous they looked, their only option was to make a big joke out of it. Unfortunately, this gross pairing was taken to the next level in the early 2000s. Seeing as no one will ever be able to top the bizarre 2001 AMAs outfits of Britney and JT, it's best that this throwback stays in the past.

YOUR YEAR EIGHT SCENE PHASE



We all had a scene stage, which usually hit around the age of 14 or 15. This phase is the reason why no one has photos from this age on social media. You bought jeans that were two sizes too small, wore the shirts of angst bands you hadn't heard of and spent hours carefully curating your Myspace with just the right mix of dinosaur cartoons and selfies that you edited using Photobucket. The side fringe has grown out now and your Myspace is probably inactive, and deep down we all know this is for the best.

BOBBLE HAIR TIES



Also known as the devil's hair ties. These supposedly child-friendly elastics were huge during the 90s, much like the dents they left in your skull when the plastic balls snapped back. Anyone with thick or curly hair may fondly remember having someone try to cut them out of your hair when a ball became entangled. Luckily, someone decided these were a terrible idea and the children of today will not have to feel our pain.

STUDENT SURVIVOR

HOW TO SURVIVE TEACHER'S PET SYNDROME

BY MADELAINE DE LEON

DITCH THE PRIVATE SCHOOL DRESS CODE



To avoid being fashion pals with your tutor you should avoid briefcases, thick glasses and tucked-in button ups. Having a labored, effortless look will be good camouflage to avoid the attention from your tutor.

PARTICIPATE WITH CAUTION



Asking or answering too much in a tutorial is not only savage to the other students but it will make you stand out.

They will learn your name and you will be the go-to guy when the room is silent.

CHOOSE YOUR SEAT WISELY



Pick a seat that won't put yourself in the eye of the beholder, but also avoid the backseat because you'll stand out amongst the slackers who haven't completed their weekly readings. Grab a seat in the middle or to the side of the class.

Channel a chameleon, so stay low and bury yourself in your computer.

AVOID THE AFTER CLASS CHATS



Stay in the room for exact timeframe of the tutorial only.

If you want to stay back to discuss your existential crisis with your tutor, do so during their scheduled contact hours.

MAINTAIN THE BOUNDARIES



Stay away from coffee meet-ups — becoming their new bff isn't going to get you a better grade.

Define the relationship. And just so you know, dating a tutor is rife in the ew-factor.

KUDOS

FOR KUDOS GALLERY

BY JEAN KEARNEY

KUDOS GALLERY is a student-run, FREE gallery that is open to all art lovers.

After wandering around the gallery (which tbh I hadn't heard of until a week ago), I have enough 'Kudos' for the place that I could probably make the white walls blush.

The gallery exhibits around 30 shows a year and was founded back in '98. But be warned: it's hard to find in the dark and easy to mistake for one of the many squashed little townhouses around Paddington. There are no pseudo-Greek columns like your regular art gallery and even the gallery's name is squeezed onto a tiny sign. It's kind of a C.S. Lewis wardrobe situation, with the gallery somehow seeming much bigger on the inside.

The atmosphere of this quiet little gallery fits in nicely with the array of bookshop-cafés, alternative cinemas and boutique clothing stores that decorate the streets around UNSW Art and Design, providing the perfect natural habitat for baby art students. You might even spot the next Monet or Frida Kahlo while exploring the gallery.

And don't worry Kudos is not about to exhibit a blank canvas or crate of dirt and call it 'GROUNDbreaking Art'. You're more likely to find some high-tech video art than a two-metre oil painting of the Virgin Mary. But with the many exhibitions each year, you never actually know what kind of show will be popping up next.

A gallery like Kudos reminds us that not art is 500 years old or postmodern bullshiz. Trust me, you simply must Gogh.



EXHIBITIONS COMING UP...

TIM OLSEN DRAWING PRIZE

Wed 10 Aug-Sat 20 Aug
Wed-Fri 11am-6pm, Sat
11am-4pm

WANT TO GET THOSE CREATIVE JUICES FLOWING?

Or just need a study break? Hop on a bus into Paddington for a FREE exhibition on Tuesday between 5-7pm.

Find out more at arc.unsw.edu.au/communities/art-design/kudos-gallery



WHAT I HAVE LEARNED FROM INTERNSHIPS

BY SARAH WU

Are internships worth it? That's something that we all ask ourselves at some point, especially if you're about to graduate with a relatively empty résumé. But there is good news for struggling students and we promise that your days won't be filled with pointless photocopying and coffee runs, *Devil Wears Prada* style.

WELCOME TO THE REAL WORLD!

Yeah, we pay thousands of dollars to get a piece of paper at uni but internships give you real-world experience. If you've been turned off internships ever since watching *The Internship* film, you can let out a sigh of relief. Instead of crazy *Hunger Games* challenges, you'll learn how to use a company phone, send business emails, dresswell and talk to your managers.

FRIENDS = CONTACTS

Nepotism is rife in the industry, so you'll need to find an office fam if you don't have connections of your own. The easiest way to get an in is to talk to people you share common interests with. In business, friends = contacts. And sometimes all it takes is simply saying yes to going out for lunch.

HOW TO WRITE COVER LETTERS AND NAIL INTERVIEWS

That's right, the two most boring application tasks are probably two of the most important. What are the chances? While more tedious than a family holiday, if you want to score a decent job after uni, you have to do the paperwork.

WORK CULTURE IS IMPORTANT AF

Tbh some offices just suck to work at, even if you're earning a good salary. If you're not feeling it, get out of there! Say no to an internship if you feel like you have nothing to gain, because honestly, some are just not worth your time.



YOU KNOW WHAT SUCKS... TUTES

BY RYAN BAUTISTA

Tutorials usually include a few things that I'm not okay with; class participation, tute presentations and the occasional early start. Whatever the dilemma, I've put together an open letter to the three people who make tutes hell.

THE LECTURER, WHO'S ALSO PROBABLY THE TUTOR

Out of all the possibilities you choose class participation as one of the assessments. You think that your course is THE most important, even when it's a Gen Ed elective, and you're obviously deluded because you reckon we'll be stoked with three 42-page readings. Let me say this: I care more about the new Fergie track than I do about media convergence, so chill on the workload. Otherwise, I'll set up a petition, so...

THAT ONE STUDENT WHO CONTRIBUTES THE MOST TO THE DISCUSSION

First of all, thank you. On behalf of everyone in this unbearable tute, we're so blessed to have someone who does all the talking. You're our go-to when we need to take notes for the said exam. The problem? We can't stand your presence and, more particularly, your voice. You are not Beyoncé. Get some of the Kellys and the Michelles to do some talking, okay? And can you repeat what you just said? Some of the peeps here are trying to take your notes word-for-word, thanks.

YOURSELF

You're making your WAM much worse by refusing to participate. Look, I get that if you were given the opp to discuss the latest season of *Orange is the New Black*, you'd get a HD, but that's not how it works. Sure, the subject is vanilla but try to say a sentence in every tute. If all else fails, breathe as if you're about to say something and if the tutor notices, say, "Oh, I was just breathing." That way they know you're trying. Because, after all, one mark is better than none, right?



BY RACHEL LUI

VOLUNTEERING, MAKING NEW FRIENDS, KILLING BOREDOM AND TRAVELLING come together in Arc's grassroots reconciliation project Walama Muru. 'Walama Muru' means a return of road or path, and like its name, the project is making a much anticipated return in sem two, connecting students of all backgrounds through an appreciation of Indigenous culture.

In the past students have painted preschools, resurfaced playgrounds, repaired bus shelters, sprayed graffiti murals and planted veggie patches for the local Aboriginal communities. To fundraise for this year's trip to Palm Island in Northern Queensland, Walama Muru are hosting their annual Trivia Night on Aug 19 (turn to p.15 for more info).

Blitz interviewed Maddy Lovell, this year's coordinator, about the program and why she chose to get involved.

Describe your program in three words:

Learn, respect, grow.

Why did you decide to get involved?

I have a lot of respect for the knowledge systems that have existed for thousands of years and the strength and lasting resilience of the Aboriginal people. I joined Walama Muru because I wish to continue learning about Aboriginal cultural diversity.

What has been the highlight of the program so far?

When we did our first local volunteering project at La

Perouse Primary School. This involved helping out with a bush tucker garden. The kids learned about the native plants and their traditional uses. It was a super fun day, especially when topped off with a lemon myrtle cheesecake morning tea.

Your favourite Indigenous artist?

I would say Reko Rennie. He's a local artist in Sydney. I love how he mixes traditional and modern techniques into his art. A well-known example of his work is the 'Always Was, Always Will Be' painted building on Oxford Street

What are you most looking forward to in the program?

The people I will meet and the things I will learn.



WHAT'S ON UNSW

08 AUG – 19 AUG

WELCOME BACK DAY

MAIN WALKWAY

TUE WK 1
9AM-4PM

FOOD | FUN
GAMES | PRIZES

Major Sponsor
UNSW AUSTRALIA | Bookshop

Partner Sponsors
OPTUS | **Library** | **UNSW Fitness & Aquatics Centre**

POP UP PICTURES



BY NADIA YEO

WHERE:
Quad Lawn

WHEN:
Every Monday & Tuesday, Week 3-8
6.15 PM

COST:
Free

MORE INFO:
arc.unsw.edu.au

VERDICT:
Pop it into your calendar!

If you're feeling like a *Trainwreck* now that you're a few weeks into the semester, grab your *Sisters* and brothers and check out Pop Up Pictures at the Quad.

Trainwreck will kick off the event on Monday this week, followed by *Sisters* on Tuesday. Travel down nostalgia lane with *High School Musical* on Monday next week and then squeeze into those leather pants for *Grease* on Tuesday.

There'll also be free popcorn and picnic rugs, chairs and cushions provided. So all you need to bring is your crew.

Can't make it this week because of an assignment? Don't worry, movies will be screened under the stars every Monday and Tuesday from week three to eight, so you won't miss out!

WALAMA MURU TRIVIA NIGHT



BY CHARLOTTE GOODSIR

Can we fix it? Yes, we can! If there's fixin', buildin' or assistin' to be done, Walama Muru are happy to lend a hand or spanner. This awesome volunteering program is run in partnership with Nura Gili and empowers local Aboriginal communities while fostering understanding between non-Indigenous and Indigenous people.

If you've smashed *Hot Seat*, then this is the charity gig for you. Held annually at UNSW, the Trivia Night will fundraise to cover travel arrangements, accommodation and required materials while on the trip, as volleys take part in community development projects.

Walama Muru aims to build meaningful and long-standing relationships with communities and in 2016 the program will be heading to Queensland to strengthen relationships with the local community.

WHERE:
The Juniors Kingsford

WHEN:
18 Aug, 6.30pm

COST:
Free

MORE INFO:
arc.unsw.edu.au

VERDICT:
Better than *Hot Seat*.

WHAT'S ON WK 3

MON AUG 08

Cocktail Happy Hour

11am 'til close @ The Whitehouse

If you like Piña colodas cocktails are only \$10 today at the WH.

How To Make: A Terrarium with Britt

12pm @ Arc Club Office, \$6

KnitSoc Winter Warmers: Scarves

12-2pm @ Quad Lawn

With a chilly Sydney to brave, why not make your own scarf to stay warm? Free needles provided.

Women's Collective Meeting

1-2pm @ Women's Room, behind Baxter College

International Collective Meeting

5-6pm @ Arc Precinct, Baxter College, off Basser Steps (D17-18)

Debating Society: Debate night

6pm @ Tyree Building

Who needs a date when tonight you can debate?

Volleyball: Dig, Spike and Set Course

Beginners 5-6pm, Intermediate 6-7pm @YMCA Sports Hall

First learn how to get the ball over the net and then move on to more complicated volleyball skills.

Pop Up Pictures

6.15 pm @ Quad Lawn

Pop Up Pictures has returned to bring you your after-class entertainment fix every Monday and Tuesday until week 8. This week's theme is girl power. And because we can all relate to Amy Schumer, her favourite basketball team being the 'Orlando Blooms', *Trainwreck* is kicking off Pop Up Pictures this week. Grab your spot on the Quad Lawn. There'll be free popcorn and cushions.

Volleyball Social Comp

7-10pm @ YMCA Sports Hall

Grab your squad and serve up your best game.

TUE AUG 09

Bike-ology

12-2pm @ Arc Precinct off Basser Steps

Learn some off-the-chain bike skills.

FREE How To Adult class: How To Look Good To Employers

3pm @ Arc Club Office

ArtsSoc VICE Talk: Meet Julian Morgan, Online Editor of VICE.com

3.30-5pm @ Morven Brown 310

Journo students, listen up. The curator of VICE.com's edgy and daring content will be at UNSW to talk career paths, his role as an editor and to tell some of his best stories.

Trivia

6pm @ The Whitehouse

How many volunteering programs does Arc have?

Writing with NUTS

6-8pm @ The Whitehouse

If you want to become the next Shakespeare this is the WRITE place to learn.

Pop Up Pictures

6.15pm @ Quad Lawn

Pop this one in your schedule, *Sisters*. Free popcorn, comfy cushion seats and a glorious chick flick — you absolutely cannot miss this one.

WED AUG 10

UNSW Campus Runners: Morning run

7.30am @ Front of Gym

Warm up with a 6km run to Centennial Park and back.

Open Mic Night

7-9pm @ The Whitehouse

If you're OPEN to a NIGHT full of entertainment, head to The Whitehouse.

How To Make: Henna with Jeeves

2pm @ Arc Club Office, \$6

Clash of Heroes: GEEK Party

6pm-12pm @ Doncaster Hotel

Cost: \$40 Arc, Non-Arc \$45 (includes drinks)

Seven nerdy clubs have joined forces to host a massive party! Join Vadersoc, the Tolkien Society, Docsoc, GOTsoc, Disneysoc, TVsoc and Spocksoc for the annual GEEK party at the Doncaster Hotel. For more information, head to facebook.com/events/845100268956665/

THURS AUG 11

Bike-ology

12-2pm @ Michael Crouch Innovation Centre

On your bike, no seriously; that's how this group rolls.

How To Adult class: How To Look After Yourself with Gemma

11am @ Arc Club Office, FREE

Women's Collective Meeting

12-1pm @ Women's Room, behind Baxter College

Arc Goes To The Sydney Harbour Bridge Pylon Climb

2.45-5pm @ The Rocks

\$8

Keen to get a birds-eye-view of Sydney Harbour but don't want to fork out the big bucks to climb the actual Harbour Bridge itself? Climb the Pylon with us instead! We'll scale the 200 stairs to the open-air lookout where you'll be rewarded with some spectacular panoramic views of the harbour, the city and beyond. Find out more at arc.unsw.edu.au/fun/arc-goes-to

Arc Goes To The Sydney Observatory

5.45-8.30pm @ The Rocks

\$16.50

Just need a bit of space? Embark upon a stargazing trip that is out of this world! You'll be captivated by Indigenous dreaming stories told by an Aboriginal Astronomy guide under the Planetarium dome, before climbing up into the famous telescope domes and exploring the sky. It'll be astronomical! Find out more at arc.unsw.edu.au/fun/arc-goes-to

FRI AUG 12

Free Live Music

4-6pm @ The Whitehouse

Relax on Friday arvo with some sweet tunes in the Beer Garden.

UNSW Campus Runners: Friday night social run

5pm @ Outside the front of the Roundhouse

Explore the city at night and get some exercise in while you're at it.

\$17 Jugs

11am 'til close @ The Whitehouse

In desperate need of a night off with cheap drinks? The Whitehouse has got you fam.

ALL WEEK

Share the Dignity Sanitary Items Collection

August 1-31 @ Law Building Lvl 1, Nura Gili and John Clancy Auditorium

For thousands of Australia's homeless women, getting their period means using newspaper, paper towel or rags instead of safe and effective sanitary items. Bring along a donation of pads or tampons to a campus collection box during the month of August to help out. Find out more at sharethedignity.com.au

FREE EXHIBITION: Tim Olsen Drawing Prize

10 - 20 Aug @ Kudos Gallery

6 Napier St Paddington

The Tim Olsen Drawing Prize is an exhibition of Postgraduate and Honours students' work. Now in its 16th year, the prize celebrates artists who use drawing as a significant part of research in the world of art. It sounds pretty ARTmazing to us...

WHAT'S ON WK 4

MON AUG 15

Cocktail Happy Hour

11am 'til close @ The Whitehouse

Cocktails for \$10, what more could you ask for?

Knitters circle: Cable patterning

12-2pm @ Quad Lawn

Learn how to make easy and beautiful patterns. Knitters aren't quitters...

Women's Collective Meeting

1-2pm @ Women's Room, behind Baxter College

How To Make: Henna with Jeeves \$6

2pm @ Arc Club Office

International Collective Meeting

5-6pm @ Arc Precinct, Baxter College, off Bassar Steps (D17-18)

Debating Society: Debate night

6pm @ Tyree Building

You're used to arguing with tutors for higher marks. So put those persuasive skills to use tonight.

Volleyball Social Comp

7-10pm @ YMCA Sports Hall

V=Victory.

Volleyball: Dig, Spike and Set Course

Beginners 5-6pm, Intermediate 6-7pm @YMCA Sports Hall

You're SET to DIG this training course.

Pop Up Pictures

@ Quad Lawn

Practise that vibrato everybody, this week's theme is musicals. This week is the 'Start Of Something New' with your favourite teen flick, *High School Musical*, on the big screen tonight.

TUES AUG 16

Bike-ology

12-2pm @ Arc Precinct off Bassar Steps

Learn how to take care of your two-wheeled friends.

FREE How To Adult class: How To Think Creatively with Charlotte

3pm @ Arc Club Office, FREE

Trivia

6pm @ The Whitehouse

Name three of Taylor Swift's ex-boyfriends.

Pop Up Pictures

@ Quad Lawn

If you prefer old-school musicals, you're in luck. Tonight we're heading back to the 50s where ballads were sung in milk bars and leather pants were a totally passable fashion trend. *Grease* your hair back, because this all-time favourite musical is hitting the Quad tonight. Make sure you and your gang are wearing matching Pink Ladies coats or bomber jackets when you rock up and grab your free popcorn.

WED AUG 17

How To Make:: Tie Dye Pillowcases with Britt and Ro

2pm @ Arc Club Office, \$6

UNSW Campus Runners: Morning run

7.30am @ Front of Gym

Scream out 'Run Forest, Run' because the Campus Runners will be jogging bright and early and they need some sideline support. Or better yet, join the runners on a 6km run to Centennial Park and back.

Open Mic Night

7-9pm @ The Whitehouse

Now is the perfect time to bust out that Matt Corby song.

THURS AUG 18

Bike-ology

12-2pm @ Michael Crouch Innovation Centre

Feeling Tire-d? Recharge with your two-wheeled squad.

Women's Collective Meeting

12-1pm @ Women's Room, behind Baxter College

UNSW Vinnies Society: Sleepout

6pm @ Library Lawn

\$10

Experience what it's like to be homeless for a night by camping out on the beloved Library Lawn. All proceeds go to Vinnies and supporting those living on the streets. More information can be found at the 'UNSW Vinnies Society' Facebook Page.

Walama Muru Trivia Night

6.30-9pm @ Wintell Room, The Juniors, 558A Anzac

Parade

\$12 Arc members, \$15 General admission

Walama Muru's famous annual trivia night is coming up and you're invited!

Come join us for a night of fun, games, trivia, prizes, silent auctions and more, all for a good cause!

FRI AUG 19

\$17 Jugs

11am 'til close @ The Whitehouse

While you enjoy free live music, there'll also be cheap drinks to share with your mates. Activate: Weekend Mode.

Free Live Music

4-6pm @ The Whitehouse

It's the end of the week. Wind down with some tunes.

UNSW Campus Runners: Friday social night run

5pm @ Outside the front of the Roundhouse

You might just run into your mates at this 6-7km social jog.

Knit Soc Winter Warmers: Beanies

6-8pm @ Colombo Theatre

Head to Colombo Theatre and make yourself a mean beanie.

ALL WEEK

UNSW Vinnies Society: Winter Appeal Week

15-18 Aug @ Outside MCIC and Main Library

Warm up with a free coffee or tea and grab some baked sweets for a gold coin donation.

Underwater Club: Jervis Bay trip

19 Aug- 21 Aug

Dive in for a weekend away with UNSW's Underwater Club. Jervis Bay is a known location for blue groper, grey nurse sharks, turtles, clown fish and stingrays. This is your chance to go *Finding Dory*, find out more at underwaterclub.org/events/.

Arc Goes To Port Stephens: Whale Watching & Sandboarding

Sat 20 August, 6.45am-8pm @ Port Stephens \$99

Whale, what have we here? Head up to Port Stephens for the day. First stop: the largest moving coastal sand dunes in the southern hemisphere, where you'll have the chance to carve up the dunes on a sandboard. Then enjoy a beachside picnic lunch, before heading back to Nelson Bay to sail with the whales. It'll dolphinately be over-whale-ming! Find out more at arc.unsw.edu.au/fun/arc-goes-to.

CITY 2 SURF



BY AIDIL TEPER

If you're an everyday jogger like Michael Cera in *Juno* — minus the gold shorts — this one's for you. City2Surf is back again for its 46th year to raise money for over 550 charities. You can choose to raise money for your chosen charity in three ways; by creating your own fundraising page, sponsoring a friend or donating to a cause.

For those who run at snail's pace, don't worry, you can choose walk the track. But if you're set on running you might want to practice jogging around the block for this one because over one million spectators will come out to cheer on participants.

The 14km course will start in Hyde Park and continue to the world famous Bondi Beach, passing through the beautiful Eastern Suburbs of Sydney as it has done since '77.

Dust off those joggers and get that heart rate going to run for a cause this winter.

WHERE:
Starting at Hyde Park

WHEN:
Sun, Aug 14

MORE INFO:
city2surf.com.au

VERDICT:
Run, Forest, Run!

CHEAP \$\$\$
SYDNEY

BY GENEVIEVE GAO

EXPERIENCE

Engadine Street Festival

WHEN: SUN 14 AUGUST, 9AM-3PM

WHERE: OLD PRINCES HWY & STATION ST, ENGADINE

COST: FREE

MORE INFO: SUTHERLANDSHIRE.NSW.GOV.AU

Experience a day of shopping, exploring new tastes and sweet live tunes. This year's fest is set to be bigger and better than ever.

→ ADMIRE

Archibald, Wynne and Sulman Prizes 2016

WHEN: NOW UNTIL 9 OCTOBER

WHERE: ART GALLERY NSW, THE DOMAIN

COST: \$16 (CONCESSION)

MORE INFO: ARTGALLERY.NSW.GOV.AU/EXHIBITIONS

Surround yourself with the best of Australian art and get some #inspo, while you feel the work of budding young artists pop off the canvas.

TASTE ←

Sydney Tea Festival

WHEN: SUN 21 AUGUST, 9AM-4PM

WHERE: CARRIAGEWORKS, EVELEIGH

COST: FREE

MORE INFO: SYDNEYTEAFESTIVAL.COM.AU

Been through all your regular brews and wanting to branch out? This is the fest for you, boasting some of the best artisanal teas in the country. There's even workshops for those keen on making their very own blend.

PHIL'-ING GOOD

SPREAD THE WORD & HELP THE KIDS

BY CELINE HABIB

Arc has a new PHILanthropy initiative. It's called PHIL; it's PHIL-ed with puns and in support of Sydney Children's Hospital. Weekly pop up stands where you may find yourself with a temporary tattoo or in an escape room and better yet, the biggest ever student-led event in UNSW history: the Fun-A-Thon. Blitz chatted with student coordinator, Krisite Mak, who is definitely PHIL'-ing good about the project.

CAN YOU GIVE US A CRASH COURSE OF WHAT PHIL' IS ABOUT?

The project is all about uniting the UNSW campus to support child life and music therapy at the Sydney Children's Hospital, which is just up the road! We're hoping to raise \$30,000 to help empower hospitalised kids and explain hospital procedures through play and music.

HOW DOES MUSIC THERAPY HELP HOSPITALISED KIDS?

For a kid that's stuck at hospital for extended periods of time, it's often difficult to remember what it's like to have a normal childhood. These music therapists really help with that by playing music with them, helping them create songs and by using instruments to empower them.

THE BIGGEST EVENT ON THE CALENDAR IS THE FUN-A-THON, WHAT'S THAT ABOUT?

The Fun-A-Thon will be held October 13-14. It's a 24-hour moving and grooving festival where participants will be completing a number of physical challenges with an element of fun. It's a new concept, so we are hoping to make a huge splash!

AND WHAT ARE YOU MOST LOOKING FORWARD TO?

I'm really looking forward to seeing how crazy our Fun-A-Thon teams will get with their costumes because

that's definitely a great way to raise morale over a 24-hour period!

HAS ANYONE AT Arc PUT A TEAM TOGETHER? HAVE YOU?

So far we have heard whispers of a Blitz team. I'll be there for the full 24 hours; running around providing moral support, being the water boy and generally bringing the good vibes – definitely say hi to me if you'll be there on the day.

WHAT DO THE WINNERS OF THE EVENT RECEIVE?

The team that raises the most money will definitely receive university-wide acclaim. (Stay tuned to find out the reveal of prizes for the winners.)

DO YOU THINK YOU'LL ACHIEVE THE TARGET GOAL OF \$30,000?

While \$30,000 seems ambitious, particularly for a university that has never done something of this scale before, I am hopeful and every little bit counts. In our first week we hit the \$1K mark – 1/30 of the way there – which was a huge cause for celebration in our team.

HOW YOU CAN HELP

Tell your Mates

Buy a badge, pen or slapband

Wear a tattoo

FUNDRAISING SO FAR

CURRENT PROGRESS
\$1,500



GOAL
\$30,000



Keen on the idea of a fun marathon, sumo suits and a non-stop dance party on UNSW? Get a team together or join one at arc.unsw.edu.au/phil



HOW TO GUMTREE WITH GUMPTION

BY HEATHER EDMONDS



When imagining a student living away from home, without parents to demand basic hygiene, one often thinks of a cramped apartment with minimal furniture that reeks of boxed wine, takeaway pizza and regret. When I moved from the Central Coast to Sydney earlier this year, I spent a good month sleeping on the floor on a dodgy threadbare mattress, pulling my clothes out of garbage bags. Four months later, my housemates and I have an Instagram-ready house aesthetic and more furnishings than you could poke a stick at. And all without breaking the bank.

How did we manage this? A lovely website called Gumtree. But using Gumtree, you have to play it smart. It's a game that requires finesse and strategy.

HERE ARE THE BEST TIPS I HAVE LEARNT ON THE ROAD...

YOU NEVER KNOW UNTIL YOU ASK

I don't have a car which I thought would restrict my options while searching for furniture. But you'd be surprised at how many people are willing to deliver things to you, especially if you chuck in an extra \$10-\$20. I was able to wrangle cheap delivery for almost all my furniture. The lesson here: just ask.

SAFETY FIRST

Stay safe my friends. Don't ever wire over money before seeing an item in person and try to bring a friend along if you are inspecting an item.

FLING DIGNITY TO THE WIND

Bid as low as your conscience allows but if it's an item that you're desperate for, be reasonable if the seller rejects your first offer. My housemate managed to nab a gorgeous sewing machine being offered at \$130 for \$60. You never know how badly someone wants to get rid of something.

BE TENACIOUS

If there are particular items you need, use the email alert function and watch your email like a hawk.

BE PRACTICAL

While most items are fair game on Gumtree, some are a matter of personal taste — for example buying a mattress second-hand (although I am a firm supporter). Keep in mind that some items are just safer bought new and worth the investment. I had my eyes set on a particular double loft bedframe from Ikea and while I found it on Gumtree for half the price, I bought it new. I can now sleep well knowing that I am unquestionably secure in my bed that is hoisted 2 metres above the air.

GODSPEED YOUNG GRASSHOPPERS. GO FORTH AND CONQUER!

AN INTERVIEW WITH TRICK SOC

BY ALBERT LIN

Blitz sat down with the TRICKING SOCIETY, who are often seen doing crazy tricks and flips in the Quad. We asked why they chose such a risky hobby and how they got involved in tricking in the first place.

WHAT EXACTLY IS TRICKING?

Tricking is a combination of gymnastics, martial arts and breakdancing. Think of it as a combination of kicks, twists and flips. I guess you could describe it as 'ninja shit'.

HOW DID YOU GET INTO TRICKING?

I found tricking when I was on YouTube watching skateboarders. I came across this video by a guy called Jon Call (@juimufu) who owns a website called Acrobolix, and he's this big, bulked-up, flexible dude who does barbell stuff and also chair splits. He was tricking to metal music in the video and had this beautiful hair and I thought 'that could be me'.

WHAT'S THE STRANGEST REACTION SOMEONE'S HAD TO WATCHING YOU DO TRICKING?

I was training by myself in the CBD and this 60-something-year-old woman just lost her mind, she thought the world was spinning around. She was like, "Aw bro could you do that again? That's sick!".

BESIDES THE JAM SESSIONS AND THE LESSONS ON FRIDAY, WHAT OTHER KINDS OF EVENTS HAVE YOU PUT ON?

We did an event at Skyzone Miranda. It was loose, double backflips, double flips everywhere, triple flips, no broken bones, jumping on the walls. It was hectic. Videos are going up on the Facebook page soon.

WHAT'S THE WORST ACCIDENT YOU'VE SEEN?

My current injury is a dislocated knee. I tried a new move, landed on my left leg and I heard a noise like a slip and a crunch and a pop. Next thing I know I'm lying on the ground and my knee popped out. Then the paramedics came...

GIVEN THE LIKELIHOOD OF INJURY, WHAT ARE YOUR SAFETY PRECAUTIONS?

With our classes, we have all participants sign an injury waiver. We make sure people don't try things that are out of their range. When you start you have to accept that 'I might roll my ankle or hurt a finger'. Everyone will get injured, you'll get better in a few weeks and you'll come back to it. I'm planning on getting back into it once my knee's better.

HOW CAN SOMEBODY GET INVOLVED?

We have a Facebook page (facebook.com/tricksocunsw) and a Facebook group. We put all the jam times in the group and we also post all our videos on the page and also on YouTube. Otherwise if anyone sees us training in the quad, we're more than happy to help.

RAPID FIRE

What household appliance would you call your spirit animal?

A blender because it spins really fast and if you put your finger in it, it'll get shredded up.

If you had the chance to trick in zero gravity, what would be the first thing you'd do?

I would just spin horizontally as fast as I could until I threw up.

What vegetable sounds like it should be a car?

A Carrot? Because carrots are kind of aerodynamic. I could see a carrot being an energy-efficient car.

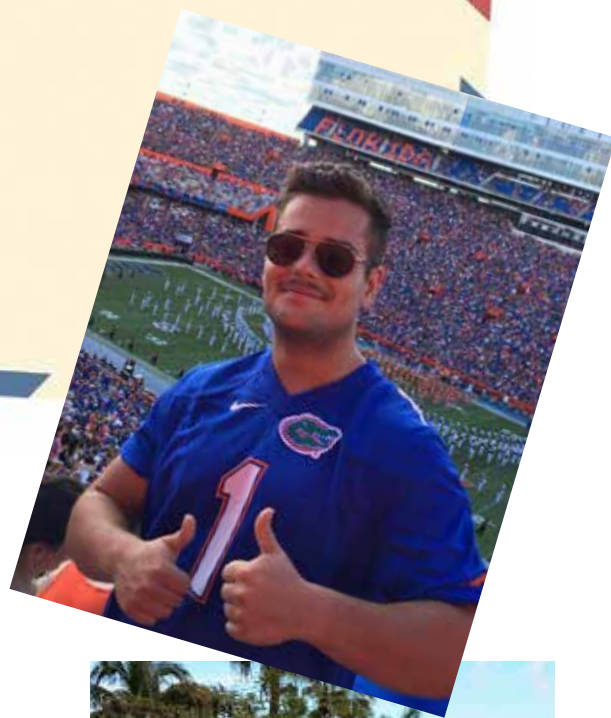
What sport would someone have to pay you to play?

Lacrosse.





We caught up with Zac, who has just returned from exchange at the University of Florida. He gave us the low-down on the state that inspired Flo Rida's name and shared some stories of true American patriotism.



How was Florida different to Sydney?

Gainesville itself is a small college town. When football games are happening the whole town gets completely behind them. When exams are over the bars come to life. But coffee lovers be warned: there is no passable coffee.

Japanese cuisines popping up in larger cities. However, the fresh produce doesn't come anywhere near to the quality of Australia's produce. Eating out was always the way to go in Florida.

What surprised you about going on exchange in Florida?

As Australians, we're accustomed to scenic landscapes, so I truly wasn't expecting much from the States. However, I was blown away. Florida in particular was just extraordinary with some of the most pristine wilderness I have ever seen.

Were there any cultural differences?

People in the South pride themselves on their hospitality. Everyone was willing to take you in and feed you no matter where you went. I find Americans can be a little more to-the-point and less relaxed than Australians which threw me off for the first few weeks. But on the whole, they are big-hearted and always on the lookout for a good time.



What was the most 'touristy' thing you did on exchange?

I am a sucker for film so when the semester was over I travelled out to California. As soon as I reached Los Angeles, the Sunset Strip and the Hollywood Walk of Fame sucked me right in.

Did you see any alligators?

Heaps. There were even alligators on campus! Just crossing the street like it's no big deal...

What did you think of the food?

The southern comfort food was outstanding and always served in portions you could never finish. Though the South isn't all fried chicken and grits, plenty of modern fusions can be found with fresh takes on Mexican and

RAPID FIRE QUESTIONS

Favourite Flo Rida song?
'Low'.

Are there as many retirees in Florida as the movies show?
Only in Boca Raton.

Most American thing you did while overseas?
Either driving down Route 66 cradling a cheeseburger, belting out Lynyrd Skynyrd's 'Free Bird', or wearing a 'Make America Great Again' hat while doing a keg stand at a frat tailgate party.



Want to live it up in the land of the free? Find out more about student exchange at student.unsw.edu.au/exchange.



BLITZ RADIO

The Entertainment Hour

BY AMY KIMBALL

The Entertainment Hour
with Amy Kimball is on air from
**11AM-12PM ON
WEDNESDAYS.**

Tune in for all things
procrastination at
blitz.arc.unsw.edu.au.

In week two *Blitz Radio* hosted a special live show for UNSW's 67th birthday party and counted down their Top 67. *Blitz Radio* blasted some certified bangers on the Alumni Lawn and after the birthday cake was cut and the candles were blown out, we were lucky enough to gain a whole bunch of new volunteers for this semester.

SHOW PROMO // THE ENTERTAINMENT HOUR

Every Wednesday from 11am-12pm, *The Entertainment Hour* is your guide to all things procrastination. And if a gal running her mouth about TV, film and podcasts is what's been missing in your life then are you in luck!

Last semester in my morning talkback days I had the opportunity to interview greats such as comedian Sammy J, the band Saskwatch and I covered Tropfest — so let's just say there should be some pretty exciting stuff happening on the new show this semester!

If you can't make it to listen in, head on over to the *Blitz* website and hit up the 'Radio' tab or the Soundcloud link where our shows are uploaded. And if you happen to miss our live events or just want to keep in the loop, *Blitz* is on Snapchat as blitzmedia and on Twitter as @real_blitzradio.

RADIO SPOTLIGHT // AMY KIMBALL

Who is your favourite radio personality?

Is it weird if I go fictional? I love Cecil Baldwin from *Welcome To Night Vale*, such a great character.

Your go-to radio jam?

Loving Beck's new single 'Wow',

such a banger. He's still making new and wonderful music after 20 years.

Interview highlight?

Definitely Sammy J, not only a fantastic comedian who I adore, but I had met him before and he remembered me!

Your show in three words:

Entertainment, banter, jams.

Who is your dream radio guest?

Lin-Manuel Miranda because he is my hero and *Hamilton* is all I listen to, read and talk about.

What are you afraid of?

Not a fan of rats, that scene in 1984 is my nightmare.

Your secret talent?

I have a shocking knowledge of actors, movies, TV and trivia. This memory space could be used for remembering uni stuff but instead I remember that in *Superman* Marlon Brando wrote his lines on a baby's diaper.

ARE UNPAID INTERNSHIPS WORTH IT?

NO SAYS LACHLAN HARMAN

If you're asking if unpaid internships are worth it, to that I answer, hell no! Do you know what you could do with the money you'd get from a paid internship? You could actually afford to buy the entire office all the coffee that, let's face it, you'll inevitably have to order. You could pay for your Netflix subscription, so you've got something to watch while zoning out on the couch after every grueling day. You could buy new clothes to wear to your internship so you don't look like the op-shop fiend you've had to be for so long!

Seriously though, most internships tend to be far more work than training, and if you're doing work for someone they had better be paying you. You can be sure that if you're working on anything useful during your internship that your bosses are making money off your labour.

Wrote a news article? They're getting paid. Updated the company Twitter? They're getting paid. Heck, you could be the Google Image search monkey for some guy writing a report for his boss and you can be absolutely sure that he's getting paid. So why shouldn't you be?

The bottom line is that while you're slugging it out and hoping for that entry-level job from that company that ISN'T paying you for all the hard work you're doing, they're getting ready to "train" another bright-eyed intern. It's a revolving door system, people.

So if it's an unpaid internship that's up for offer, think about all the months of Netflix that you could afford with a paid internship.

YES SAYS MEGAN BAEHNISCH

As someone who completed three internships over the break, I feel like I'm a bit of an expert on the subject. Yeah, you might have to slow down your spending for a little while, but internships (even the unpaid ones), are totally #worthit.

Internships are the ultimate opportunity to burst that university bubble and get a glimpse of the real working world. Think about it: how much do you really learn in your lectures and tutes? How to write an essay, how to cram for an exam and how to perfect an all-nighter study sesh, maybe, but will these things really help you get the dream job you're after? Things like learning how to cope with working the famous Dolly Parton 9-5, simply cannot be taught in a classroom.

Internships are a little like those free sample counters at Coles. They give you the opportunity to try out a job before committing to it as a career. Don't like what you are doing on an internship? Change your uni subjects or even transfer to a different course. Better now than in five years' time when you are miserable in a job you hate.

There is also the added bonus that you make so many contacts that will be an invaluable first phone call when you are looking for work after you finish. Now is a great time to make mistakes and learn from them, rather than making a fool of yourself as a new employee. So tighten your belt and stick it out, it's all character building, right?





THE CONJURING 2

BY LIAM LUANGRATHRAJASOMBAT

The Conjuring 2 is another masterful direction by James Wan, but the notoriously spooky franchise trades scares for story in its second entry.

Ed and Lorraine Warren return to protect those in need but instead of the classic nuclear family scenario with a father, mother and child, the film follows the story of a single mother and her girls.

The Conjuring 2 adds further life-or-death stakes to the careers of the Warrens, presenting stronger characters and less scare-time. Had the movie contained more jumpy moments and less character progression, it may have made for a more terrifying cinema experience. However, the film would have been condemned by critics as just another shallow scare flick.

If you enjoy horror movies, *The Conjuring 2* is a great one and while it doesn't have as strong a pace and build up as its precedent, James Wan is still the master of his domain.

GRADE: DISTINCTION



STEVEN UNIVERSE

BY JANELLE TAI

Steven Universe is a feel-good show that will have you ready to start the next episode as quickly as its credits roll down your screen. The series follows the story of Steven who discovers his powers after being guided by alien Crystal Gems, who are destined to protect Earth from evil.

Creator Rebecca Sugar uses a fantasy world with characters and realms that have no bounds. Yeah, the show is technically for children, but it's perfect to watch when you need an escape from being an adult.

The only downside to the show is Steven's annoying voice. Yes I know it's meant to embody the annoying younger brother stereotype, but it grows tired after a while.

Overall, the series is fun, creative and bold. Look no further for a lighthearted 20-minute show.

Fun fact: This is the first Cartoon Network show independently created by a woman

GRADE: DISTINCTION

HEY GERONIMO- CRASHING INTO THE SUN

BY ANDREW HWANG

If Vampire Weekend and The Beach Boys had a lovechild, Hey Geronimo's debut album, *Crashing Into The Sun*, would be born.

The album kicks off with a triumphant anthem: 'Millions of Miles'. A cacophony of military drum beats and warbling electric guitars clash as the rhythm transitions to the punchy head-banger, 'Lazer Gun Show'.

Armageddon never sounded better with 'Crashing Into The Sun', which uses unconventional guitar riffs and low-key screaming to describe the end of the world.

'One Way Driver' shines a spotlight on Hey Geronimo's bass fingerpicking skills and Beach Boys-esque backing vocals. And the fast-paced 'Carbon Affair' gives us a final chance to let loose on the d-floor.

Overall, Hey Geronimo's debut album is the perfect way to shake off the winter blues!

GRADE: HIGH DISTINCTION



REVIEWS

RATCHET & CLANK (PS4)

BY JULAIN RIZZO-SMITH

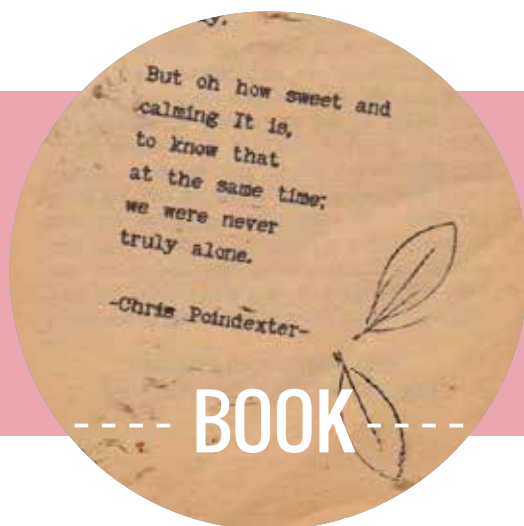
Ratchet & Clank is a fun return, despite its flaws. While the controls are at times unresponsive, the quirky charm of the series remains its weapon with a unique enemy and character design.

Mini-games such as rail-grinding and hover board racing tournaments were a nice distraction from the main story, albeit somewhat clunky. Ratchet's arsenal is diverse and goofy with weapons such as a shotgun that reverts enemies to pixelated retro graphics. Weapons can be upgraded in the game's store menu or by simply using them – I found myself cycling between the ones closest to levelling up.

Puzzles where the player takes control of Clank and uses gadget bots are scarce enough to not feel like a chore while being somewhat challenging, and I felt satisfied once I found my 'aha' moment.

Ratchet & Clank is a must-have for anyone who's played the original trilogy on the PlayStation 2 or is a fan of the adventure genre familiar to the PlayStation brand.

GRADE: DISTINCTION



NAKED HUMAN

BY VICTORIA TICHA

In the depths of his blooming madness and fuelled by copious amounts of whisky, Christopher Poindexter types up his thoughts and feelings, creating striking poems on an old Remington typewriter. He then throws them into the air and lets them scatter across the world via Instagram.

The young author and self-described "observer and lover of the human race" is addicted to the expression of love.

Naked Human is an ode to the freedom of expression. Every poem in the anthology is written in free verse and speaks to us in a way that is both familiar and new. Poindexter explores humanity at its best and the book is a beautiful addition to any bookshelf.

Naked Human is Poindexter's first published collection of works, which is available on Amazon, because poets have to eat too!

GRADE: DISTINCTION



'I'M STILL NEW HERE' @ KUDOS GALLERY

BY JEAN KEARNEY

Ferns, ferns and even more ferns. That's what really slaps you in the face as you walk through the doors of Kudos Gallery's latest exhibition 'I'm Still New Here' – a collaborative show by Anton Benois and Beth Dillon. The exhibition showcases works made during the duo's time in Iceland, focusing on ideas of travel, tourism and the nomad.

Inside the gallery, a large-scale video takes centre stage. On your walk throughout the gallery you are presented with photographs of the pure and pristine landscapes; the frosty, rural idylls and expansive steel-blue waters.

The final video piece captures the unique elements of the foreign landscapes and the interaction had with these places by the pair of costumed performers. Unfortunately, the audio overlay was difficult to hear and so the meaning of the piece was lost in translation.

Overall, the exhibition had me ready to pack my bags, grab my mini-cacti and head off to Iceland! Perhaps not the intention of the show, but who can go fault such stunning natural beauty and pristine isolation?

GRADE: DISTINCTION

GET YOUR BODY MOVIN' WITH SOCIAL SPORT

BY CHARLOTTE GOODSIR

Summer is coming up fast, so it's time to get your body summer ready and Arc Sport is a great place to start. Social sport is like a real sport but with less commitment, like that tinder match you meet for coffee every once in a while.

Pull together your wolf pack and enter a team or dive in alone and join one! That's right, Arc Sport can hook you up with a cute new squad, so all you need to do is bring a towel and some friendship bracelets.

With your new fam you can compete for the title of the best futsal/ultimate frisbee / oztag/dodgeball/volleyball/ flag football team on campus

each week. Whether you are in it simply for the LOLs or need an escape from the mental burn of study, you can feel the burn in your thighs instead!

"But there are so many options", I here you say. Have no fear my sweatband wearing pal, we're here to help. The *Blitz* pick is dodge ball — take a trip down memory lane to sports class in year seven and pick your target, then line up your throw and aim! Take out your frustrations of that awkward group assignment or that course you don't understand and get those positive endorphins flowing.

Stop procrastinating and embrace the good vibes over

some friendly competition. And when you've finished your game don't forget you can have a post-victory session with your team at The Whitehouse, and of course eat up all those calories you just burnt off with some burgers!

Beyoncé says it's time to 'Move Your Body'. PSA: There's an ultimate Frisbee team that's just waiting for a player with your wicked backhand throw. Sign up at arc.unsw.edu.au/socialsport





NATIONAL RELAXATION DAY

YOUR EXCUSE TO CHILLAX

BY GRACE MINER

Break out the track pants and log into your Netflix account, Relaxation Day on its way this August 15. That's right, National Relaxation Day is a day dedicated to doing absolutely nothing. I'm here as your faithful guide to share with you how best to enjoy this beautiful day.

GO FOR A LONG SLOW WALK

If you're the active type who can't stand sitting still and Relaxation Day sounds like your preferred method of torture, this one's for you. Before you gym junkies get ahead of yourselves, we're talking a long stroll rather than a power walk and listening to Jack Johnson rather than fast-paced workout jams. Turn your phone onto airplane mode and try to walk somewhere scenic, even if it means taking a bus to the beach.

HAVE A BATH

With all the bubbles and hot water, you'll feel like you're practically at a day spa. Hit up Lush and get some funky bath bombs and treat yo'self. Trust me, once you try it your life will never be the same.

If you do have to go to work or class then take some time for yourself, even if it's just an hour to lie on the couch and watch TV. Remember it's Relaxation Day; you're entitled to some guilt-free relaxation. Now do as Frankie says and relax.

TURN OFF YOUR PHONE

Yep, I know it's hard but not having to worry about messaging people back or *Keeping Up With The Kardashians* is totally relaxing. #Hiddleswift, who cares? Not you, because you haven't checked your phone for the past hour. Logging off Facebook is one huge distraction removed that will actually reduce your stress levels and allow you to concentrate on yourself for a while.

A GUIDE TO THE BEST AND WORST ON CAMPUS

BY VICTORIA TICHA

From food, booze, bookshops and coffee, UNSW offers a plethora of things to do while bumming around waiting for class. Sure, you could study. But, we both know you won't. Fresh-faced first years or UNSW students needing a new place to hang, here's our top three best and worst places on campus to...

GRAB A COFFEE

BEST //

If you find yourself meandering around campus, looking for the perfect espresso, then please, take a break from the Coffee Cart (just this once) and treat yourself to a strong, aromatic cup at The Whitehouse. The Whitehouse is the only place where you can sit on comfy vintage chairs while sipping coffee and playing *Cards Against Humanity*, so it's an obvious winner.

WORST //

There's a saying that no amount of latte art can hide a sour shot of coffee. Now, I'm not saying the coffee is bad (when drunk with milk and sugar), but if you're looking for a long black or a shot of espresso, do not try your luck at Graduate's (opposite the Stock Market at Matthews Food Court). They may have great sandwiches, but the coffee is definitely not worth the walk up the treacherous Basser Steps.

MEET A FRIEND

BEST //

Most cafés on campus can get notoriously crowded. So why not grab a nice takeaway lunch and find a sunny spot on the Library Lawn instead?

WORST //

Do not expect to find ANY space in the library, unless you book a room. Besides, the library is for people who study...

READ A BOOK

BEST //

Tucked away behind the School of Mining and Engineering building, disconnected from the rest of the campus, is a large span of green — the Physics Lawn. Most people don't even know it's there, so it's the perfect quiet spot to read. Be sure to find a shady spot under a tree.

WORST //

The Library claims to be a "quiet study space" but with all those beanbag shuffles, loud typers and EQ-lacking people taking phone calls, it definitely isn't the best spot to get lost in that book you've been meaning to read since the start of semester.



WHICH VOLUNTEER PROJECT IS FOR YOU?

WHEN YOUR FRIEND IS UPSET, YOU'RE MOST LIKELY TO...

- a) Crack some jokes until they feel better.
- b) Take them out somewhere. They just need some Vitamin D.
- c) Listen to them for hours. You love a good rant.
- d) Offer them a few practical solutions. That's why they're talking to you, right?

IT'S THE FIRST WEEK BACK AT UNI, WHAT ARE YOU DOING?

- a) Having a Netflix marathon and trawling social media.
- b) You've taped dead leaves to your body and you're protesting about climate change.
- c) Catching up with your mates!
- d) You've cycled to uni and now you're heading to the gym. #Doyouevenlift?

WHAT IS YOUR COFFEE ORDER?

- a) Anything strong enough to get you through that all-nighter.
- b) A decaf latte with almond milk and one equal, thanks.
- c) A large mocha. You like your coffee sweet.
- d) You don't drink coffee. Protein shakes are where it's at.

WHAT'S YOUR FAVOURITE TV SERIES?

- a) *Media Watch*, thanks.
- b) *Parks and Rec!*
- c) *Jane The Virgin*.
- d) *Survivor* or *Lost*.

YOUR BIGGEST FLAW IS...

- a) You're easily distracted, kind of like a goldfish.
- b) You're known as the PC Police* (*Political

Correctness).

- c) You're too busy putting others first.
- d) You relate to stationary objects more than people.

WHAT'S SOMETHING YOU ALWAYS FIND YOURSELF PONDERING?

- a) Your fave Internet moment. Justin Trudeau cuddling pandas is def on the list.
- b) Whether to buy the quinoa salad or falafel kebab.
- c) Tbh you're still thinking about How To Make A Murder.
- d) Kathmandu or The North Face? #shoppingspree

WHAT DO YOU WANT TO DO WHEN YOU GRADUATE?

- a) Anything in the media.
- b) You want to make a difference.
- c) HR. You're WAY more motivational than Shia LaBeouf.
- d) You'll go where the adventure takes you...

MOSTLY A: BLITZ

Social media obsessed and down with dank memes? Send us an email to join the *Blitz* fam blitzteam@arc.unsw.edu.au.

MOSTLY B: THE PRODUCERS

Like David Attenborough you just "love a good leaf". Too young for *Better Homes and Gardens* but you don't have space in your apartment to work on a greenery? Join Arc's green-thumbed squad at arc.unsw.edu.au/theproducers

MOSTLY C: HEAR TO HERE

You're practically Oprah and love a good d&m. In 10 years you'll have your own talk show. Listening to students sound like your cup of tea? Join PHIL and help kids in need at arc.unsw.edu.au/phil.

MOSTLY D: BIKE-OLGY

You crave adventure and would fit in perfectly with the uni bicycle gang. Did we inflate your interest? Head to arc.unsw.edu.au/bikes.



HEALTHY BURGER & CHIPS

By Johanna Hagenaeur

Craving something hearty like a burger and chips? This is how it's done the healthy way. I've used mushrooms as a healthy alternative for a burger bun and sweet potatoes as a substitute for the fries!

INGREDIENTS

Burger patty mixture

¼ cup of almond meal

1 teaspoon of chia seeds

salt and pepper to taste

500g of beef mince

"Buns"

8 big, flat BBQ mushrooms

olive oil

Fries

2 big sweet potatoes, cut into wedges

2 tsp. coconut oil, melted

seasoning of choice (cumin, salt and pepper, paprika etc.)

Fillings

smashed avocado

tomato and cucumber slices

SERVES: 4

DIFFICULTY: Easy

COOK TIME: 45-60 mins

PREP TIME: 10-15 mins

DIRECTIONS

1. Preheat the oven to 200° C. Then make the burger patties by combining mince, almond meal, chia seeds and then season the mix with salt and pepper. After the oven has preheated place the patties in the oven and bake them until golden brown on each side (about 3-5 minutes).
2. Coat sweet potato wedges in oil and seasoning and then spread them out on an oven tray and bake for 45-60 minutes.
3. Next remove the stalk of the mushrooms, coat them with olive oil, put them face down on another oven tray and bake them for about 15-20 minutes, flipping them at the half way mark.
4. Next remove the mushrooms from the oven and rest them face down on a sheet of paper towel for five minutes. Then fill two mushroom buns with avocado, cucumber, tomato and burger patties and serve with fries.

Hungry? Check out Johanna's website thriftywholesome.com and Instagram [@thrifty_wholesome](https://www.instagram.com/thrifty_wholesome) for more food porn.



VOLLIE SCOPES

BY MADELAINE DE LEON

	<p>ARIES Your emotions must be as calm as a breeze, Aries. Use your smooth banter and charm for a very social August. Volunteering area: Sport</p>		<p>LIBRA Balance the scales, Libra compadre. All sectors of your life must be in peace for you to be. Volunteering area: Creative</p>
	<p>TAURUS It's time to raise your hand for the needs of others, Saint Taurus. A little grace may be needed to develop your relationships. Volunteering area: Environment</p>		<p>SCORPIO Keep that slithery tongue of yours zip lock shut, Scorpy! Play nice. Volunteering area: Advice</p>
	<p>GEMINI This week you're smashing goals. Keep up the good work! Volunteering area: Tutoring</p>		<p>SAGITTARIUS This is a good time to travel, Sag. But don't gamble all your money away as it might get the best of you. Volunteering area: Donating</p>
	<p>CANCER Persistence and clear communication will turn your cloudy dreams into a reality. They don't call you a CANcer for nothing! Volunteering area: Health</p>		<p>CAPRICORN Grab the bull by its horns, Capricorn. Take every opportunity that falls at your feet. Volunteering area: Leadership</p>
	<p>LEO Relaaax, Leo beast. You're extending yourself to the max. Use your energy for good. Volunteering area: Animals</p>		<p>AQUARIUS It's okay to spoil yourself every now and then but avoid going to extremes, Aquarius. Keep up the spirit by being charitable. Volunteering area: Coordinating</p>
	<p>VIRGO Keep up with the positivity! You're looking fly AF. Volunteering area: Events</p>		<p>PISCES Frenemies are clouding your mind with negativity, Pisces. Take in constructive criticism and throw out the trash. Volunteering area: Youth</p>

SCIENCE PRESENTS: A QUANTUM COMPUTER MISSION

As the world moves closer to *Brave New World*, we're being bombarded with mind-blowing discoveries. The latest is the use of a quantum computer (the future leaders of the robot uprising) to simulate particles vanishing and reappearing in a way that would have happened in the early days of the universe.



SELF-DRIVING CAR TECHNOLOGY HAS FIRST FATALITY

Like many, I've been counting the days until I can sleep comfortably while my car drives me to uni, but this story freaks me out. While Tesla self-driving technology is amazing, the first self-driving fatality just occurred. At the moment the stats are one fatality in over 130 million miles of autopilot, but it's enough to have many questioning the technology.

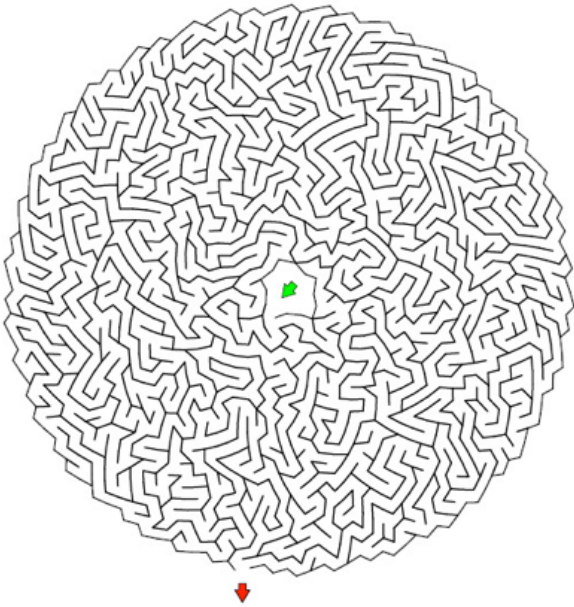
SWIM WITH SHARKS USING GOPRO'S VIRTUAL REALITY TECHNOLOGY

I'm terrified of sharks, but I'm psyched for this Virtual Reality experience. Now I can be terrified by the sea's natural predators from the safety of my bed. Thanks GoPro!



PUZZLES

MAZE CRAZE

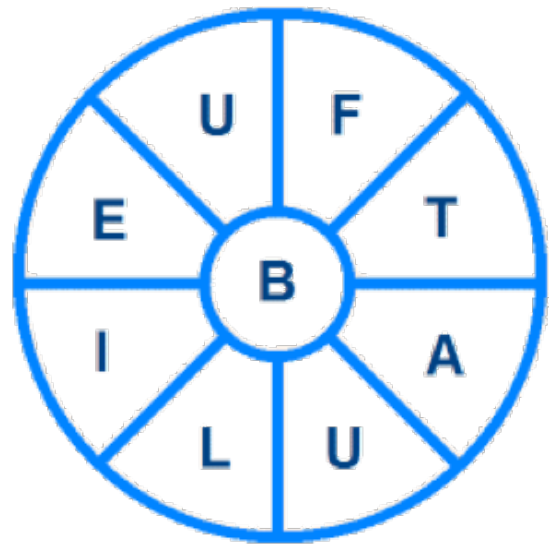


SUDOKU

	1		8	9				
2			7			3		
3			6			1		
	4	5		7	8			
			1			8	9	
		2			7			3
		3			6			1
			4	5		7	8	

HUB WORDS

How many words can you make from the letters in the wheel? Each word must contain the hub letter.



WIN

A DOUBLE PASS TO DON'T BREATHE

Don't Breathe is the latest thriller, hitting cinemas September 1. The movie follows a trio of reckless thieves who break into the house of a wealthy blind man, thinking they'll get away with the perfect heist. They're wrong.

A movie that Slash from Guns N' Roses loved, this scary flick will ensure that you have a few sleepless nights to come.

To enter the comp, simply email us at blitzeditor@arc.unsw.edu.au with the subject line 'Don't Breathe' and tell us your favourite movie and why.



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EXCLUSIVE MEMBERS GIVEAWAYS



WIN 1 OF 10 DOUBLE PASSES TO SEE DAVID BRENT: LIFE ON THE ROAD

Directed, written by and starring Ricky Gervais, David Brent: Life on the Road catches up with David Brent, former star of hit series The Office. In Life on the Road, Brent decides to chase his dream of becoming a rock star and hits the road with his band, Foregone Conclusion, for a self-financed tour of the UK.



WIN 2x \$100 STORE VOUCHERS

Thanks to our friends at Lorna Jane we have 2x \$100 store vouchers to give away.



TO ENTER EMAIL YOUR STUDENT NUMBER TO comps@arc.unsw.edu.au WITH 'LORNA' OR 'DAVID' IN THE SUBJECT LINE TO BE IN TO WIN! COMP CLOSES 22 AUG 2016

SEE WEBSITE FOR THE FULL LIST AND TERMS & CONDITIONS arc.unsw.edu.au/benefits



ABBEY

DESIGN

WOULD YOU EVER INTERN FOR FREE?

I would and I have done purely to put on my résumé. It's good experience [but] I'd only do it for a couple of weeks.

WHAT SOCIETY WOULD YOU LIKE TO SEE AT UNSW?

A gluten-free society. I can't eat gluten and I know my brother's the same. It'd be good to get everyone together to find gluten-free places.

WHAT'S SOMETHING HIPSTER THAT YOU DON'T LIKE?

When they don't shower very much. I don't like that.



JASON

VOX POPS

BY JULIAN RIZZO-SMITH



DENIS

CRIMINOLOGY AND CRIMINAL STUDIES

WHAT EVENT SHOULD UNSW CELEBRATE?

Maybe a K-Pop day or a ghost day. Or a horror day separate to Halloween.

WHICH UNI SOCIETY HAVE YOU GOTTEN INVOLVED IN?

The Nippon Students Association which is the Japanese club.

IF YOU COULD CREATE A NEW SOCIETY, WHAT WOULD IT BE?

The TV excuse society.

MECHATRONICS AND COMPUTER SCIENCE

WHAT EVENT SHOULD UNSW CELEBRATE?

Maybe a holiday, but I'm pretty sure we wouldn't get an extra day off or anything like that.

WHAT ONE SOCIETY WOULD YOU LIKE TO SEE AT UNSW?

I think it might already exist but the Osu club — it's a Japanese rhythm video game that I love.

WHAT ONE THING DOES THE KENSINGTON CAMPUS NEED?

A cool statue of a Pokémon.

ACTUARIAL STUDIES AND COMMERCE

WHICH UNI SOCIETY ARE YOU INVOLVED IN?

BLUEsat, the UNSW Space Engineering society. We're currently involved in producing a satellite and a mars rover which we'll be debuting when participating in the European Rover Challenge later this year in Poland.

WHAT'S SOMETHING HIPSTER THAT ANNOYS YOU?

The hipster problem with genetically modified organism really annoys me. There's nothing wrong with GMO.



KILA

INFORMATION SYSTEMS

WHAT'S SOMETHING HIPSTER THAT ANNOYS YOU?

I am a hipster, man. All of them walk around with beanies on their heads and I want to wear a beanie but I don't want to be 'the beanie guy'.

WOULD YOU EVER INTERN FOR FREE?

Yes, because I'm desperate for work. Please give me a job.

IF YOU COULD CREATE A NEW SOCIETY AT UNIVERSITY, WHAT WOULD IT BE?

A *Team Fortress 2* Society. I want people to play it and I'm really lonely.



ELAINE

ARTS

IF YOU COULD CREATE A NEW SOCIETY AT UNSW, WHAT WOULD IT BE?

A *Desperate Housewives* brunch society where we all go out brunching — that'd be exciting.

WHICH STUDENT VOLUNTEER GROUP IS YOUR FAVOURITE?

Definitely the Sex Ed group I'm involved in. We were mostly brainstorming ideas and activities that we could do to make people more aware and comfortable talking about sex.



KENT

