

Volleyball:

This competition is conducted in accordance with the rules of the [Fédération Internationale de Volleyball \(FIVB\)](#) except where these differ from Arc Sports rules; in which case the latter shall take precedence.

1. **Uniform requirements:**

1. Teams are not required to wear matching shirts however it is encouraged.
2. Comfortable sports attire.
3. Sports shoes must be worn. (No Boots)

2. **Team size:**

1. The minimum team size is 6 people with at least two females on the court.
2. It is recommended that teams do not exceed 12 people.
3. A team must have at least 3 players take the court in order to avoid conceding a forfeit.

3. **Substitutions:**

1. Substitutions are unlimited.
2. Substitutions can be made after a point is scored.

4. **Game Play:**

1. **Serving:** The serve must be made from behind the end line. A serve can be made either underhand or overhand. The served ball may graze the top of the net a drop for a point. Each subsequent game is served by the loser of the previous game.
2. **Scoring:** there will be a point scored on every score of the ball. A point may be replayed if the umpire's vision was obscured at all. Each set will be played first to 25.
3. **Rotation:** teams will rotate their playing positions in a clockwise direction every time they win the serve.
4. **Play:** a player may not hit the ball twice in succession (a block is not considered a hit) the ball may be played off the net during a volley and a serve.
5. A ball touching the boundary line is good.
6. A player must not block or attack a serve.
7. Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
8. A player cannot reach under the net (if it interferes with the ball or opposing player). This will result in a point awarded to the other team.

5. **Match duration:**

1. Each match will be the best of 3 sets with each set being played first to 25 (teams do not have to win by 2!)
2. If there is no match resolved at the end of 60min, the team with the highest points in the final set will receive the win.