WHAT'S ON UNSW PUZZLES + REVIEWS S2W10 FREE GIVE AWAYS + MORE 2013 FREE

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The ROUNDHOUSE, BUDWEISER & SELECT MUSIC Presents



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ASTA, PLUTO JONZE & AIRWOLF

WED 30 OCT

ANDY BULL & **PURPLE SNEAKERS DJS**







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Welcome back, readers!

If you've just spent the mid-session break doing super chillaxing activities, getting some spring sun and being incredibly productive with all your assignments, you deserve some serious Hi-5s. Not only am I totally jealous and full of regret (Week 9 Friday arvo Emily sucks), that 10000 word assignment (ok, 3000 words) is staring me down, a constant reminder that the Friends marathon probably wasn't the best idea. Have a similar story? I'm here to tell you that you actually shouldn't worry too much. Take a chill pill- it's Stress Less Week!

This week Arc is dedicated to making sure you take a break from the stress that can be uni and studying. We've got a feature on 10 ways to stress less to give you some tips on how to avoid that panic attack (page 8), and check out page 11 of the What's On quide for the super relaxing events happening this week (think free massages, classical music and PLAY DOUGH!). We've also got an article on how to get green on campus, and a review of the most dreaded UNSW experience: the 895 bus line.

But the best UNSW experience? That would be working at Blitz (in my totally unbiased opinion)! Check out page 20 for deets on how to apply for the roles of Blitz Editor, Designer, and the two reporter positions. I can't speak for the designer and reporters, but being an editor is the craziest, most challenging, more rewarding experience of my UNSW degree (and no one ever called me Miranda Priestly. At least not to my face). We can't wait to read your applications!

-Fm

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Chris Mann Chair of the Board

Cones-Browne Blitz Editor



Hev Blitz readers.

The Mid-Session break always seems to just come and go. But I do think it helped that this time around we got Monday off as well. You may have spent the break actually taking a holiday, catching up on uni work and assignments, going on field trips, or even working (because you're still paying off all those textbooks). Either way, hopefully you feel refreshed and ready to tackle the last leg of the semester.

But what if you don't? If you're starting to feel a little overwhelmed that Week 13 is creeping up, Arc is here to help. During this four-day week, Arc is making sure you stay calm, relax, keep the stress levels at bay and get ready to face those uni deadlines. It's Stress Less Week!

Stress Less Week is designed to help students with the constant pressures and stresses that we face at uni every day. This week ultimately aims to make you feel good and chilled, so be sure to check out activities like the mini petting zoo, free pancakes, and the Play Dough tent. There are also free massages- when is that even not an awesome thing?

Don't forget to stay informed of the issues affecting your student life- check out the Board, PGC or SDC blogs on the Arc website

Take it easy

-Chris

chair@arc.unsw.edu.au arc.unsw.edu.au/board-blog











COLOUR RUN INFLATABLES SKILLS CLINICS STRONGEST HASTEST COMPS SOCIAL SPORT COMPS **DEMOS**, **BOOTCAMPS**

FESTIVAL



SAMSUNG

sport.arc.unsw.edu.au

13

We here at *Blitz* love emerging artists, especially Sydneysiders from our own backyard. This week we chatted to Bondi boy Sam Yeldman, the brains behind Guineafowl, about uni, modest beginnings, and the guerrilla spirit taking the music industry by storm.

I thought we could wind back a few years to kick things off and talk about how Guineafowl started. What's your origin story?

I started recording music in my flat in Bondi as I was finishing university. I was just using the microphone on my laptop, and that's how I started recording all the tracks that later became my first EP. Then I realised it doesn't sound very big without other players, so I had some musicians come on board to fill out the sound and play with me live, but the process has always remained the same. I still write music in the same way - on a computer, by myself, in a dark room. It's just that the computer is a bit bigger and there's a couple more microphones now.

You mentioned that you were at uni. What were you studying and did you graduate? Journalism. I did end up graduating. I still work in media but I moonlight as a musician.

My next question is one that a lot of artists hate, but for people that haven't heard your stuff before, how would you describe your sound? It's a hard thing to describe. Big. Layered. Those sorts of words. It's a mix of a lot of different kinds of ideas. I like live music but I also like electronic music, so it's a bit of a mix between both of them I think. It's somewhere in between a massive band sound, but also with electronic stuff on top.

You mentioned writing in a dark room, but what's your actual writing process like? I'm a really slow writer. I start off with a musical idea that tickles me a bit. Or, a lyric will come to me straight away, or I'll work on something to go along with that musical idea. From there it's like building blocks, like putting together a little painting. You start with the base colours then add more and more and more until you think it's finished.

You played Splendour in the Grass in 2011 and have toured with some huge names in the music industry – what's been the highlight so far?

favourite venues in Sydney is probably the

5 Minutes with ... GuineaFowl

Splendour was incredible, but playing in my

highlight. I love Sydney. I've pretty much played everywhere except Enmore and Hordern Pavilion, so those are definitely goals. It's always been good in Sydney...I was very lucky, when I started, that FBI jumped on me and helped me so much. I'm a Sydney boy.

Can you tell me about some of the major difficulties you faced in breaking into the music industry?

I'm still breaking. Music is very difficult. It yields very little financial support. Having a live band with you makes it even more difficult. You need to find reasons that compel you to make music and play gigs. Music and recording music is the fun bit, everything else is a challenge.

So do you have any advice for aspiring artists? Go through community radio first. Go through FBI, go through Triple R, go to blogs, go see people who are also emerging. It's a really big community, and once you start navigating that community you find these amazing people who want to help you. Keep it guerrilla!

Krystal Sutherland **GKM_Sutherland**

Tips:

88

Take a Nap

is slowly crumbling around you is to say goodbye to the world for a short period of time. Naps might not accomplish much in the way of productivity, but what they lack in efficiently they make up for in lessening worldsuck. Waking up from a nap will leave you feeling refreshed, recharged and ready to take on that shitty assignment you've been avoiding. Just make sure you make it a quickie - five hour 'naps' almost always leave you feeling like a reanimated corpse.

Chew Gum

Fancy scientific studies have discovered that chewing gum aids alertness, improves multi-tasking and reduces anxiety. If you need something to help you escape from the black hole that is Reddit, gum could be the answer. Grab a pack of Extra or Hubba Bubba and get chewing! (Just don't overdo it. Chewing too much gum can have a nasty laxative effect. Sharting in your pants is probably going to increase your anxiety, so take it easy.)

Naps might not accomplish much in the way of productivity, but what they lack in efficiently they make up for in lessening worldsuck.

Hug It Out

A lot of people travel far away from their families to study at uni, which means way less hugs on a day-to-day basis. This may not be a problem if you're a misanthrope, but a lot of humans seem to get stressed out by a lack of physical contact with other humans. While we don't suggest groping strangers on busses to fill your touchy-feely quota, we do suggest hugging the following things as much as possible: trees, puppies, pillows and, wherever possible, human friends.

So you've just come back from a weeklong vaycay. Your skin is bronzed, you're totes chilled, and then you remember - there's only three more weeks until the end of the semester. Postpone your freak out. kids. It's Stress Less Week at UNSW, a time to remind you to take a chill pill and not let anxiety get the best of you. Here are some quick fixes to help you de-stress in the lead up to exams, major essays and always horrific group assignments.

Blow Up a Balloon

While giving people a plastic sack of your breath for their birthday is über weird and creepy, blowing up balloons is apparently great for decreasing stress. Your body really likes oxygen, and inflating balloons makes you breathe slower and deeper. This in turn reduces your heart rate and relaxes your muscles. For optimum stress relief, blow up long balloons that can be twisted into the shape of an adorable puppy.

Eat Your Feelings

While the obesity epidemic is likely caused by people following this exact advice, we figure that a lot of you probably still have pretty decent metabolisms. Make the most of it while you can. The more aggressive you can get when consuming your comfort food of choice, the better. Tough foods like ribs, toffee and crab claws will help you vent your pent up aggression and fill your brain with all the yummy calories it needs to fuel your study.

Have Some Sex

If you're lucky enough to have a friend with benefits, a boyfriend/girlfriend, or a booty call on speed dial, having a little sexy time can be an ideal way to reduce stress. Kissing releases all kinds of happy chemicals in the brain and sex apparently lowers your blood pressure, burns calories and boosts your self-esteem. It's basically a cure-all for a lot of mental maladies, so go ahead and dance the mattress mambo.

Be a Kid Again

Growing up is shit. Sure there's some cool stuff, like wine and being the master of your own chocolate intake, but to get these you have to trade off things like trampolines and face painting and blowing bubbles. If you're stressed, set aside an afternoon to just do cool, childish shit. Go outside and lay in the grass. Eat McNuggets and fish fingers. Skip. Braid your hair. Finger paint. Be infinitely curious about the world.

Punch Stuff

Getting out all your pent up stress in the form of physical aggression is a great way to release tension. If you can't make it to the gym to wail on a punching bag, try beating the shit out of your bed with a pillow. We do not recommend punching walls, windows or people, as this may only provide further stress (not to mention pain).

F*** This Shit

Swearing has been shown to decrease both stress and pain, which explains why I cursed like a sailor when I worked in retail. If stress is getting the best of you, grit your teeth and spew a long string of obscenities. The F-word is particularly efficient at stress relief, so feel free to insert it into every pre-exam conversation you have. Maybe don't write it on your test paper though.

Ring Your Mum

If there's a logical reason Norman Bates kept his mother in the basement, it's because he missed the soothing sound of her voice. Studies have shown that yo mama's voice can instantly reduce stress and release the happy hormone oxytocin (especially to females). Yep, you read that right - listening to you mother is kind of like taking awesome drugs. Who'd have thought?

Krystal Sutherland @KM Sutherland

One of the best ways to forget that the world

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Contact us at info.txt2bfit@sydney.edu.au or visit our website www.txt2bfit.com/join/ to see if this study is right for you.



WITH CHIPS AND DRINK

UNIBAR & BISTRO LOWER CAMPUS (E6)

UNSWROUNDHOUSE.COM

where: Main Walkway

on your hands and feet.

WHAT'S ON UNSW



STRESS LESS WEEK

Stressing about exams? Worried about money? Concerned you might have scurvy from only eating Mi Goreng for the last ten weeks straight?

It's time to forget about all that. Ignore your bleeding gums and aching bones and take a chill pill. This week is all about learning how to deal with (i.e. ignore) the stresses associated with being a student. Check out all the events Arc is putting on to help get your study anxiety under control:

Remember the smell? Remember the colours? Play Dough is like a salty rainbow of awesomeness and now is your chance to relive the messy joy of being a kid again. The best creations

when: 2-3pm, Tues 10 Oct

WHERE: Science Theatre

Lawn

CLASSICAL MUSIC PERFORMANCE

Before you get Bach to studying, we Mozart you to listen to a few classical tunes to lower your stress levels. Don't Beethoven around the bush on this one, kids. It could have Verdi serious consequences. Tchaikovsky.

Feeling uptight? Get your delts and quads all limber before your big exams with the aid of the magical fingers at the

WHEN: 3-5pm, Tues 8 Oct **WHERE:** Science Theatre Lawn

Get your hands on some duckies, chicks and floppy-eared bunnies and lower your blood pressure with the sheer power of cuteness. They're so fluffy, you're gonna die.

SIESTA AND HENNA TENT

Make like the Spanish and take forty winks at the chilliest tent in town, or sip on iced tea while you get henna designs painted

WHEN: 12pm, Thurs 10 Oct **WHERE:** Science Theatre Lawn



12.10pm @ Quad, G055 The Catholic Chaplaincy at UNSW hosts a daily mass for students to pray and celebrate together.

ALL WEEK

MON **OCT 11**

PUBLIC HOLIDAY

Thanks to this Labour Day holiday we're getting an extra day to add to our mid-session break! Here's to no class and sleeps ins.

Media Society's Industry Night 7-9pm

OCL B6 COST: \$5, free for Media Society members Come and hear what Cleo editor Sharri Markson and Sonv's John Hanlon have to say about the media industry.



COFA Coffee Happy hour 8-10am **@** Cornerhouse All Regular coffees \$2.50

Ergonomics Workshop Performance 10-11am

@ Science Theatre Lawn

Thoughtful Foods 11am-2pm

@ Science Theatre Lawn Come say hi to the sustainability kings and queens at this Thoughtful Foods pop-up store.

Classical Music 12-2pm

@ Library Lawn Classical music has been proven to lower stress levels and calm the mind. De-stress with some classical tunes before you get Bach to studying.

5-6pm

Free Pool

12-2pm

Daily Mass

12.10pm

12.30pm

@ Roundhouse

@ Quad. G042

A L2 Blockhouse

Play Dough Tent

Pottery Studio Induction

COST: Free for Arc members

@ UniBar, Roundhouse It's a bit of a bummer that the midsession break is over already. Our solution? Head to the Roundhouse every day for Happy Hour and cheers r troubles aw

Squires Sesh

Stress Less Week

Tuesday-Thursday

(a Around UNSW

7-8pm l UniBar

Free Breakfast

9-11am **@** Library Lawn

2-3pm @ Science Theatre Lawn Make an underwater diorama or see how long you can roll it before it breaks. The options for stress reducing play are endless!

Ping Pong Tuesdays 2-8pm @ Roundhouse

Buy a drink, get a pong. It's that easy.

Free Massages

3-5pm **GScience Theatre Lawn** Forget all your anxiety and feel your stress melt away

Trivia 5pm (a Roundhouse Win prizes and glory with random, useless information. Trivia: when being a know-it-all pays off.

Happy Hour 5-6pm @ UniBar

COFA Talks

6pm a EG02, COFA This week's COFA talk features debates surrounding contemporary art fairs and the contemporary art market.

Stress and studying are often synonymous. Arc gets this, which is why this week is dedicated to making sure you take a step back, chillax and put uni into perspective. Check out the events below: there's FREE massages, classical music a Play Dough tent and stacks of free food.

\$4 James Squires beers

OCT 13 WED

There will be FREE pancakes and FREE cereal courtesy of the legends of the Arc Street Team. Our breakfast

pick? Go for the pancakes. Always.

Mini Pettina Zoo 11am-3pm @ Main Walkway Duckies, chicks and fluffy bunnies! Kick your cute quota into overdrive.

Flea Markets 11am 'til dusk

@ Arc Precinct Want to re-vamp your wardrobe but have no dolla dolla bills? The Flea Markets have hipster threads, gozleme and bric-à-brac galore!

VeggieSoc Lunch 12-2pm **@ Arc Precinct**

Get yourself a plate of pure deliciousness with VeggieSoc. Daily Mass 12.10pm

. @ Quad, G041 Welfare and Disability Collective Meeting

12.30-1.30pm @ Welfare and Disability Room, SRC Wing, Level 1 Blockhouse

Gratitude Wall 2-5pm **@** Science Theatre Lawn

Expressing gratitude will make you start thinking about others, putting your problems in perspective

Mexican Standoff 4pm 'til close (a The White House Cheap sangria, nachos, burritos and

Happy Hour 5-7pm la UniBar

Live Music @ Beer Garden

7-8pm

OCT 14

COFA Coffee Happy Hour 8am-5pm **@** Cornerhouse Show your COFA card and get 10% off

coffee all day. Desserts = Stressed Backwards 10am-12pm **@** Library Lawn Indulge your sweet tooth and

de-stress at the same time. Eat that stress away. There will be free cupcakes provided by the Arc Interns.



\$4 James Squire beer every day from 7-8pm. Pretty fancy if we do say so ourselves.

7-8pm

@ UniBar, Roundhouse

Siesta and Henna Tent

@ Science Theatre Lawn

Pottery Studio Induction

COST: Free for Arc members

Learning Centre Workshop

ດີ Main Library, Room 208

Teaching students how to stress less.

De-stress with some quiet time

la Queer Space, L9, Chemical

1 giant t-shirt + 2 people inside it =

fun! Plus an egg and Spoon race to

Queer Collective Meeting

Pottery Studio Wheel Intro Lesson

Take a chill pill, down some iced tea

and get some pretty henna tattoos

12-2pm

Daily Mass

12.10pm

@ Quad, G026

12.30pm @ L2 Blockhouse

1pm G L2 Blockhouse

COST- \$15

1-2pm

Free!

Meditation

a CB09, C Block

Sciences Building

Share a T-Shirt Tent

make it extra fun.

Beatboxing Class

4.30-6pm

@ Blockhouse

3-4pm @ Science Theatre Lawn

1-2pm

2-4pm



@ The White House MON: Cookie and coffee \$5

TUES: Pizza and draught beer \$13 WED: Plate of wings and bucket of Budweisers \$20 FRI: Bacon and egg roll and coffee \$6

COST: \$8 per week Learn the basics of becoming your own walking beat machine. See the D2MG Hip Hop Society Facebook page for more deets.

Heineken Sessions: Live Music

4-6pm @ The White House Cheap Heineken and music from Emma Dean & Tim McArtney

Happy Hour 5-6pm @ UniBar

Sauires Sesh: Live Music 5-7pm @ UniBar

Tunes from Warrane College, winners of the IRC Band Comp!

Pint Night 5-10pm @ The White House \$5 pints. Cheers!

Sauires Sesh 7-8pm

OUniBar \$4 James Squires beers

FRI **OCT 15**

Coffee Happy Hour 8-10am **@** The White House

\$2.50 coffee to kick start your weekend

BLITZ PICKS



Public Holiday- Labour Day

Don't feel like the break was guite long enough? How about an extra day? It's Labour Day in NSW, which for us lucky kids at UNSW means an extra day off. Whether you spend it sleeping in, hitting the beach, procrastinating (or all of the above) is totes up to you. Just don't be a loser and rock up to class- that'd be totes embarrassing.



COFA Talks

6pm @ EG02, COFA This week's COFA talk features debates surrounding contemporary art fairs and the contemporary art market Featuring talks from Barry Keldoulis Ursula Sullivan and Michael Reid.



Free Breakfast 9-11am **@** Library Lawn

Save your morning Fruit Loops/Sultana Bran/Weet Bix/Vegemite on Toast for another day: breakfast is happening at uni today! There will be FREE pancakes and FREE cereal courtesy of the legends of the Arc Street Team



Heineken Sessions: Live Music 4-6pm **(a The White House** Cheap Heineken and music from Emma Dean & Tim McArtney. Inspired by the likes of Nirvana, Jeff Buckley and Miles Davis, this talented duo will bring you tunes that'll get your nostalgia for 90s

vesteryear pumping.



5-7pm @ BeerGarden, Roundhouse

tequila. ¡Muy bien!

5pm – 7pm Live music from Nuff Jockeys DJs to accompany your double Happy Hour beverages. **Squires Sesh**

ld UniBar \$4 James Squires beers

THU

UNSW – THERE'S ALWAYS SOMETHING GOOD GOING DOWN

Yoga

12-1pm @ CB09 C Block Take time out to chillax before the weekend

Dailv Mass

12.10pm @ Quad, G022

Weekly Casual Basketball Game

QUNSW Fitness and Aquatic Centre, Level 1 COST · Free Come along and bring all your friends for some casual b-ball with

the UNSW Basketball Society. Check Facebook for more details

Happy Hour

5-6pm @ UniBar

Live Music: House Bear DJs

5-7pm @ BeerGarden, Roundhouse House Bear DJs will sing you into your weekend moods

Live Music: DJ Anuiual

6-9pm @ The White House Break it down

Squires Sesh

7-8pm GUniBar \$4 James Squires beers

SAVE THE DATE

WEEK 11

Anti-Povertv Week Mon 14 Oct - Fri 18 Oct @UNSW Help make poverty a thing of the past.

Festival of Sport Wed 16 Oct - Fri 18 Oct

@UNSW A festival dedicated to the joining of Arc and sport!

WEEK 12

Rueda de Casino International **Championship 2013** Fri Oct 25- Sat Oct 26 @ ROUNDHOUSE

A two-day extravaganza of Cuban styles and rhythms. This inaugural event is to be the pinnacle of Rueda de Casino. Featuring a series of performances and workshops led by world and national dance champions, choreographers and musicians, covering all styles of Cuban dancing.

WEEK 13

End of Session Party Thurs 31 Oct @ ROUNDHOUSE

The end of semester is nigh. Don a sexy/scary Halloween costume and monster mash the night away.



Live Music: House Bear DJs

Andrew McKeown and Benjamin Robb are Sydney DJ Duo House Bear. Describing their sound as 'genre-bending party music', they create a variety of bootlegs, mashups and mixes that'll get you in the weekend party mood!



DUD PARTY

note vour event th What's On! to arc.unsw.edu.au email blitzGarc. unsw.edu.au

Deadline 12 days before Mon of relevant week





AUSTRALIAN CHAMBER ORCHESTRA: THE CROWD

If you're a long time sufferer of Agoraphobia, this just may well be the best way to kick your fears for good.

Founded all the way back in 1975, the Australian Chamber Orchestra (ACO) are recognised on an international level as being some seriously masterful musicians, led by the capable hands of Director and Violinist Richard Tognetti. With a repertoire of tunes spanning six centuries, the talents of the ACO are nothing to be laughed at, with their ability to

blend classical music with contemporary formats of art and video installations, allowing for a unique performance which is unrivalled in the world of Chamber Orchestra. Their latest show, The Crowd, is no exception to this fact.

Playing in front of an onstage screen projecting phenomenal footage of crowds, the ACO have created a score wholly unique of this performance, which includes music from the likes of such famous virtuosos as Chopin, Debussy and Schubert. Tognetti says the show stems from an odd fascination he and the other members of the ACO have with crowds, asking the question 'What is it we feel when part of a crowd? Is it fear or empowerment? Do we lose ourselves, or find our real selves? Is a crowd a mob, an ignorant mass of unthinking beings? Or is it an intelligent body, capable of thought processes and invention of which individuals alone would not be capable?'

This is some seriously deep shit to ponder for a night out at a gig, so we won't make fun of you if you simply ignore the musings of Tognetti and Co and simply go along to check out some uber cool classical music. After all, that's what we at *Blitz* will be doing.

http://www.sydneyoperahouse.com/

For your chance to win a double pass to see *The Crowd*, email blitz@arc.unsw.edu. au with AGORAPHOBIA in the subject line and tell us your ultimate crowd.

WHERE: Concert Hall. Sydney Opera House

when: 2pm, Sunday 13 October

COST: From \$40

is gonna get you nothing but a bucket of popcorn to the head, but here it is rightly encouraged. Know all the words to Grease Lightnin'? Then belt it out to your heart's content (it's guaranteed that you won't be the only one crooning). Costumes are highly encouraged, so dust off your T-Birds and Pink Ladies jackets and get ready for an unmissable night at the movies.

CHEAP A\$\$ SYDNEY

WHERE: Hayden Orpheum Palace, Cremorne

Who doesn't love Grease? I mean really, it's got everything you need-dope tunes, flying cars AND

John Travolta! It just doesn't get any better in life.

At most movie screenings, singing in the cinema

WHEN: 8pm, Wednesday 9 October

SEE

WATCH

COST: \$11

Grease: Sing-a-long

52 Suburbs Around The World WHERE: Museum of Sydney, CBD WHEN: 20 July-24 November COST: \$5 Concession

Have you come down with a case of the travel bug but can't afford the plane ticket? 52 Suburbs Around The World by photographer Louise Hawson is a collection of some of the sweetest spots this globe of ours has to offer. Travelling the planet with her 10 year old daughter Coco, Hawson ditched the well-known tourist traps to document the beauty found off the beaten track, highlighting the lesser known areas of some of the best known cities. So while you're busy saving your pennies, stop into the Museum of Sydney for a chance to get some much needed travel inspiration.

LISTEN

Kevim Ba

WHERE: The Basement Theatre, Circular Quay WHEN: 8pm, Wednesday 9 October COST: \$5

Performing as part of The Basement Theatre's World Music Wednesdays, Keyim Ba are an awesome infusion of reggae, funk and hip hop, with the band made up of some of Australia's greatest West African musicians. Formed in 2009. Kevim Ba aims to spread the good word of traditional African music while giving it a dose of flavour from the contemporary music scene. Proclaimed by Cristina Dio from Diaspora Worldbeat as an "exuberant, celebratory outfit that literally party their way through the many colours and flavours of Bangoura's West African background", Keyim Ba are one band you wanna shake your tail feather to!

GET GREEN There's no denying the science; the climate is changing kids, **ON CAMPUS**

and if you don't want to be forced to move underground to hide from searing heat, it's time you take a ride on the sustainability train. But do you find yourself praying nightly to Captain Planet, asking for guidance and unsure of how you can help save the earth? Blitz has uncovered some of the best ways to unleash vour inner greenie right here on campus!

ENVIRO COLLECTIVE MEETINGS

If you're gaga for planet Earth and wanna meet some peeps of the same mindset, get yourself to an enviro collective meeting. The collective is comprised of super passionate students who are nuts about the environment and want to make sure our beloved UNSW remains an environmentally conscious and sustainable joint. Run by the SRC Enviro Officer, the collective meets once a week and are always on the hunt for new, like-minded members.

Visit arc.unsw.edu.au/src for more info.

RECYCLE

There are so many ways to recycle on campus that it's pretty much impossible not to do it. You've probably seen the giant recycling bins littered around the campus (which themselves are made from recycled goods), but there are plenty of other ways to engage in this hot trend. Batteries ran out of juice? The uni will recycle them. Upgraded to a new phone? The uni will take the old one off your hands. Feeling a tad thirsty and in the mood for some H2O? Fill up your old bottle at one of the countless campus bubblers.

Head to sustainability.unsw.edu.au for info on everything sustainable!

THOUGHTFUL FOODS CO-OP

Crazy cheap and environmentally friendly, Thoughtful Foods is the greenest place to get your tucker and household food on campus. Priding themselves on selling only ethically produced goodies, the brilliance of this place is that shoppers must bring their own packaging to buy produce, creating a super sustainable scheme that is low on waste. Now open five days a week and tucked behind the Roundhouse, this is THE place to do your groceries.

Visit thoughtfulfoods.org.au/ to find out more.

TYREE ENERGY **TECHNOLOGIES BUILDING**

The Tyree Building down on lower campus is a landmark in UNSW history, recognised as the first 6-Star energy-efficient building on campus (which is a pretty big deal guys). Housing everything related to renewable energies, researchers working out of the Tyree labs are developing brand spanking new solar technologies, sustainable clean fuels and much, much more.

RIDE YO BIKE

Do your bit to help out mother Earth and get some sweet, sweet exercise at the same time. All you need to do is score yo self a bike and you'll be a fitness freak of Planeteer proportions in no time! Riding to and from campus is way better than sitting on an overcrowded, never-on-time bus. As a cyclist newbie, you'll want to get yourself acquainted with UNSW's very own bike club, who offer repairs and organise social rides on the regular. For more deets, head to unswbikeclub.org.au/.

STATIONERY **RE-USE CENTRE**

Running late to your exam and realised that you have left your fave pen at home (you know, the lucky one with the pink fluff on the end?) The green dudes and dames who volunteer at the Stationery Re-use Centre totes have your back with their horde of free shit. The best part about this place is everything has been donated by other students, who would rather see their favourite folder go to a good home than end up as some rat's home in a landfill

Visit arc.unsw.edu.au/stationeryreusecentre for more info on all the stationery goodies.

Simon Anicich asimonanicich

a b c d e f g h i j k l m n o p q r s t u v w x y z

ive... Wingman Tips

Simon Anicich

PA EXTRODINAIRE

A wingman is basically a glorified personal assistant who must do everything in their power to make sure their friend is in peak condition. If they have a bit of food stuck in their teeth, pick it out for them. If they have a runny nose and there isn't a tissue in sight, wipe it on your own clothes so they don't get any unsavoury stains on their chosen attire. Whatever you have to do to get them looking like a supermodel, do it.

HAVE YOU MET ...?

If your associate is a tad shy, or newly single and out of touch with the dating scene, it is up to you to give one hell of an introduction. Take a leaf out of Barney Stinson's book and throw your buddy into the deep end; they may flounder at first, but they're sure to thank you later when they score a hot date

SUPER SLEUTH

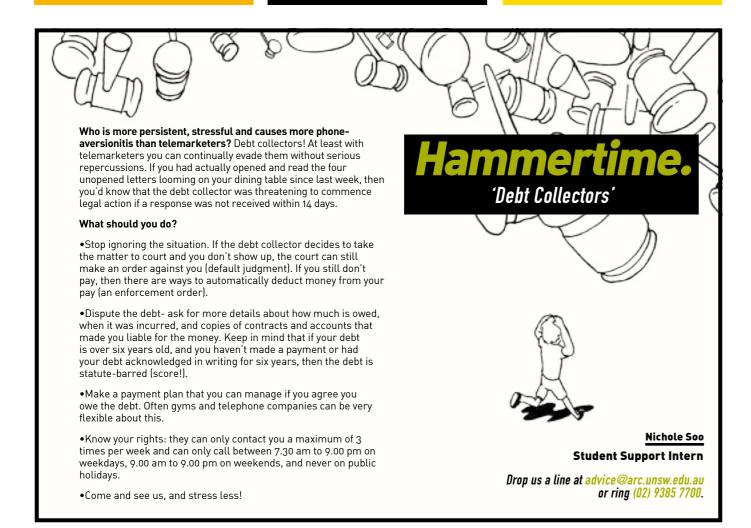
If the object of your pal's affections has some chums of their own nearby, it is up to you to buddy up to them and suss the situation out as best you can. This way, you can whisper into your pal's ear or shoot them a sneaky text if the friends of their crush don't think they are keen beans (or already dating someone). Relaying this intel is serious wingman business.

COMPLIMENTS AHOY!

Nobody is gonna go for a guy or gal if they think they are a bit of a loser. It is your job to let your pal's romantic interest know just how much of a mega cool person they really are. They volunteer with underprivileged children? Tell them. Their bedroom behaviours are of urban legend proportions? Tell them. If you are going to stretch the truth a tad, make sure you keep it semi-believable. No one is going to believe a 20 year old student has directed a Hollywood blockbuster or been on a mission to mars.

HAN SOLO

When your chum and their love interest are starting to look like they are becoming well acquainted, it's essential you slip into the shadows and give them some quality alone time. It's not like one of them is going to make a move if you are still awkwardly standing next to them, breathing heavily. A true wingman knows when their job is done and excuses themselves from the situation.



The 895 bus is a thing of campus legends. Undergrads recount epic tales of its shitness, postgrads avoid it entirely, and some people genuinely move suburbs so they don't have to catch it. This week, *Blitz* decided to do some hard-core investigative journalism by sending a reporter to stand in the 895 bus line and recount their experiences. That reporter, ladies and gentlemen, was me.

I made my way from the *Blitz* office to the dreaded 895 bus stop during a pleasant Spring afternoon. For student authenticity, I carried a heavy backpack and had pre-exhausted my muscles by attending two weightlifting classes in the 24 hours prior to my experiment. Needless to say, I was definitely ready to get the eff off campus.

I approached the harrowing Anzac Parade crossing, wincing with each shuffled footstep. The red 'Don't Walk' light was already flashing furiously, which at most crossings means



afternoon traffic Once I'd finally hobbled across the intersection many minutes later, I was faced with the terrible truth of the situation: possibly the longest bus line I'd ever seen in my life (not including post-festival bus lines obviously, which are the very definition of Hell). Aching and dreaming of the Nutella on toast I'd finally be able to eat when I got home, I joined the end of the queue and waited.

Imagine my surprise when, not two seconds later, a mythical 895 came roaring through a gap in the traffic. The bus stopped, people boarded, the line shuffled forward, and suddenly I was no longer last. Another 895 bus







DIE IF YOU SET ONE FOOT ON THIS ROAD MOTHERF**KER.' In my feeble state, I wasn't about to play Russian roulette with Sydney



arrived seconds later, and then another. In fact, there was such an abundance of 895s that I had to remove myself from the line for fear that the very serious looking ticket man would tackle me if he discovered I was only there for research purposes.

The most painful thing about the whole experience was leaving the 895 bus line to wait for the consistently unreliable 400, which didn't arrive for a further 12 minutes. I'm willing to make a few concessions ; it was just after 4pm, not 5.30pm when the 895 is said to be at its worst, but it was nowhere near as awful as legend has built it up to be.

All in all, it was not what I would call a pleasant experience. But I can't help feeling I would've got my Nutella on toast a little sooner if I'd been on the 895 instead of the effing 400.

Krystal Sutherland @KM_Sutherland



reviews.

•TV SERIES

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ORANGE IS THE NEW BLACK

Orange Is The New Black follows Piper Chapman, a woman who has been sentenced to a 15 month stint in a women's prison due to a crime she committed ten years ago with (and for) her then lesbian lover, Alex. Though blissfully unaware as she first enters, we find a devilish implication; those 15 months will be spent in the same facility as her estranged partner in crime.

In the ten years between her crime and punishment, Piper has grown into what an American would call a 'yuppie'. She's a white, seemingly straight woman living a more upper than middle class life with her fiancé, Larry. These qualities become fiercely evident as she becomes part of a bold ensemble cast that shows more of America than perhaps any other TV series to date.

With a healthy number of women of colour taking centre stage, as well as a trans-woman and unfetishised depictions of lesbian sex, the series does more than represent America - it represents women in ways that are far from common in mainstream media. The series beautifully tells not one, but many compelling and varied stories that you won't find anywhere else.

The Netflix original (and all the freedom it affords its creators) is currently reigning supreme, and while *House* of *Cards* is getting all the white men's critical acclaim, I implore you to check this one out. You know what they say – once you go (Orange Is The New) black, you'll never go back.



KICK-ASS 2

Kiss-Ass 2 isn't just awesome because it has a 14 year old who swears like a sailor. It isn't just hilarious because of the constant stream of sexual jokes. It's awesome because it does what it does best: over-the-top insanity in a blur of violence and craziness.

You'll want to watch the first movie before you tackle this, but the gist of it is that there's a new villain on the block. He's not Red Mist anymore. Donning a bondage suit and duel pistols, he's known as 'The MotherF**ker'. Taking this as gratuitously offensive or hilarious is completely up to you (I, for one, saw it both ways). Either way, *Kick-Ass 2* refuses to take it seriously, and makes no qualms about it.

Unlike so many other films that try to be 'deep' and philosophical (when clearly they aren't), and earnestly try to make the audience take them seriously, *Kick-Ass 2* does none of that. Despite some somber and dark moments, you'll be laughing yourself silly from the endless charade of jokes and moments of pure comedy gold.

There are a few moments (more than a few, actually) where you'll be temporary grossed out, or wondering why they had to go to such extreme lengths to prove their point, but it's overshadowed by the rest of the film. Although it'll never be one of those films that teachers will deem good enough for studying at university for film courses, *Kick-Ass 2* kicks ass in every way possible.

Tina Giannoulis

Jeremy Szal

HIGH DISTINCTION



BURIAL RITES Hannah Kent

•B00K

Burial Rites is Hannah Kent's debut novel. Kent spent a gap year in Iceland where she first came across the story of Anges Magnusdottir, the last woman to be executed in Iceland. In 1829, Agnes Magnusdottir is sent to a small farm in northern Iceland. Convicted for her part in the murders of two men, one of which was her lover and employer, Agnes is waiting out the days before her execution, living with a local family.

In the bitter cold of Iceland's winter, the family of the farm (Margaret, Jon and their two daughters) work hard to ignore Agnes, but the isolation and close quarters makes this difficult. Everyone has heard something about Agnes's conviction and everyone has an opinion on her crime. The only person who will voluntarily speak to Agnes is the local trainee reverend who has been tasked with her spiritual care. As Agnes settles in to life on the farm, snippets of what happened that night begin to come out and her story unfolds.

With a lot of research into the circumstances surrounding her conviction and her execution evident, Kent has crafted a fictional account of Agnes's final year. Kent beautifully describes the bleak day to day of a working farm in the 1800s and the oppressive, harsh landscape of rural northern Iceland. As you learn more about Agnes's story, you begin to wonder if murder can ever be justified. The book leaves this question unanswered, but that's what makes the story so interesting.

Rosie Taprell

With a healthy number of women of colour taking centre stage, as well as a trans-woman and unfetishised depictions of lesbian sex, the series does more than represent America - it represents women in ways that are far from common in mainstream media.

-ORANGE IS THE NEW BLACK



1D: THIS IS US

There are flashing lights and stylised animations. Five well-dressed guys sing about girls. Girls seem to be either possessed or spontaneously suffer fits. People talk about things. Then the five aforementioned guys undertake activities like pretending to be rebels and camping in the woods in front of their director's cameras. That is the entire movie of 1D: This Is Us.

Simply put, this movie is an extended One Direction concert complete with behind the scenes interviews with band members, their parents and connected staff. It doesn't really go into any depth, and all the footage is positive. There is no swearing, sex, drugs or even squabbling. Alongside the soundtrack of 'classic' One Direction hits (like *What Makes You Beautiful* and their cover of *Teenage Dirtbag*), there is the constant soundtrack of girls screaming in heights beyond the dreams of even the most ambitious serial killers.

I hesitate to use the word cinematography in this review, not just because it doesn't apply, but because it's irrelevant. People won't see this for groundbreaking cinema; they'll see it for its 'stars'. Regardless of the craft of the movie itself, the worship of the subject matter eclipses all else with the brilliance of its lights and screams.

There is passion in this cash grab. This passion doesn't come from its producers, but from its fans. If nothing else, the fervour and enthusiasm is fascinating, and I gradually warmed to the positive atmosphere and teenage exploitation.

Owen Chow

GO BLITZ YOURSELF

Ever worried that you are too critical? Then we want you!

Blitz is always looking for extra reviewers and reporters. mail us at blitz@arc.unsw.edu.au and be rewarded with freebies and nvitations that'll make your time at UNSW so much cooler.



Can music save the world?

Popular music these days is effing terrible, there's no denying it. It used to be that the cool kids were all about The Beatles or Nirvana, but in 2013 it seems the teens have ditched the rock jams, instead afflicted with a serious case of Bieber Fever, a horrible illness that clearly affects their ears so badly that they believe the shit they are listening to is actually good. As soul destroying as the Top 40 hits of today are, I've come to the realisation that shitty music may actually have its worth in society. Because really, times are pretty tough in this world of ours. Who are we to deny our children the twerking styling's of Miley if it keeps them in a state of ignorant bliss? Can bad music actually save the world?

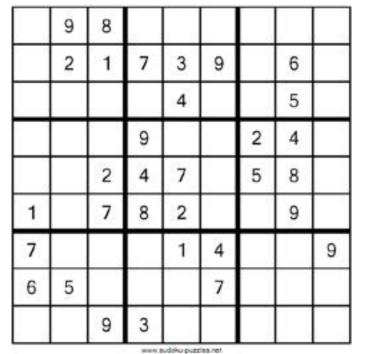
Bear with me as I explain my crackpot theories. Most people would know about those crazy killing machines known as Unmanned Aerial Vehicles, which are a huge advancement in military AI technologies. Although these robo devices reduce risk to human life, it's pretty obvious they are just the first stage in the development of autonomous killing machines a la the *Terminator* franchise. When the world is taken over by evil robots, the last humans left will need to band together to destroy their artificial overlords. And this is where the shitty tunes come in.

Anyone who has ever watched the greatest animated show ever made, *Futurama*, will know that the only way to kill a robot is to confront them with a paradox. And the perfect paradox? Why, it's the chorus line of One Direction's *What Makes You Beautiful*, of course. All the future humans will need to do is blast the line 'You don't know you're beautiful/that's what makes you beautiful' endlessly over a sound system and the robots are as good as dead. Harry Styles; the man who thwarted the human race from becoming extinct with god-awful music.

Although my own theories of superhero boy bands may be a tad far-fetched, at the very least it is clear these modern day 'pop stars' give us something to poke fun at and ridicule. And at the end of the day, doesn't laughing at an embarrassingly sleazy performance of a horrible tune make you feel better about your own life choices? It does for me.

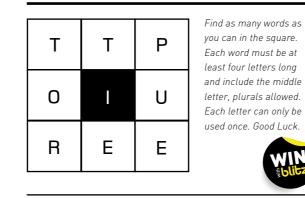
> Simon Anicich @Simonanicich

sudoku



For solutions check out the Blitz Facebook page: www.facebook.com/blitzmag

word search



Email your words to blitz@arc.unsw.edu.au by 5pm October 11th to win a \$20 UNSW Bookshop Voucher. Week 9 Winner: Neil Lazo



trivia by CONTACT

1.Where in London are the Crown Jewels kept?

2. What creature takes its name from Aboriginal words for 'no drink'?

3. Which was the first city to be devastated by an atomic bomb?

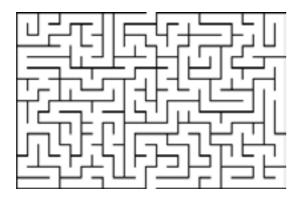
4. In 1990 Jennifer Aniston appeared in what short-lived TV show adapted from a popular movie?

5. What style of painting are Cezanne, Degas, Manet and Monet all linked with?

GO TO PAGE 23 TO SEE IF YOU ARE AS SMART AS YOUR PARENTS TELL YOU.

Provided by the good looking staff at CONTACT, the go to place at UNSW for information and referrals. Go visit them - L2, Quad East Wing, phone 9385 5880, or email contact@unsw.edu.au

a-mazeing



Designer (20 hours per week):

Then *Blitz* needs you!

ideas turn into an actual magazine?

Are you an innovative designer, dying to show

off your talented design skills and see your

×.

Blitz 2014 Positions

Has it really been a whole year?! As reluctant as we are to give up our coveted (and amazing) jobs, the time has come to find the new A-team. Working for Blitz is an awesome experience, not to be passed up (and the best job going on campus). The added bonus? It's a PAID internship. Cue music to your ears.

Editor (x2 positions - 15 hours per week):

Do you want to be in the driver's seat for UNSW's favourite What's On mag? Do you have your finger on the pulse of UNSW and Arc, have a great eye for detail and a compulsion for correct grammar? Does interviewing celebs, getting VIP passes to gigs and sporting events, hitting red carpets, writing features and getting weekly by-lines appeal to you?

Sound too good to be true? Email any questions to c.page@arc.unsw.edu.au or head to jobs.arc.unsw.edu.au for the full info pack and details on how to apply. Good luck!

D2MG

Hip? Hip hop? Hip hop anonymous? This week Blitz talked to D2MG president Justin Padilla about UNSW's bubbling urban youth culture.

Can you give us a rundown of what D2MG is all about?

D2MG is a society that focuses on hip hop culture. Our name is derived from the four main elements: dance, DJ, MC and graffiti. Our aim is to grow the campus scene and spread the awareness and love of hip hop, which would also hopefully impact the Sydney hip hop community as a whole. Hip hop is not just a genre of music or a label of dancing; it's a rich culture that dates way back.

Why are societies like D2MG important for students?

We're important as a gateway for new students entering uni life to meet new people at social events with a common appreciation of music, dance and culture. Hip hop as a culture advocates acceptance of people of all creeds and walks of life. D2MG promotes that very same acceptance by encouraging personal expression through various outlets, centred primarily on dance.





BRIGHTSIDE is a mentoring program pairing COFA students with disadvantaged High School students around Sydney in an effort to inspire them through a series of creative projects. Blitz chatted to BRIGHTSIDE Coordinator Miranda Samuels to learn more.

BRIGHTSIDE has to be one of the most creative volunteering programs on campus. What can you tell me about it? We started it at the end of 2012, working with some kids out in Campbelltown on some projects. We made some murals and redesigned/redeveloped their cafeteria. It's kind of like combining creativity with a mentoring program, and was something that the teachers, the community and all the kids out there responded really well to. Since COFA is a creative sort of university, it's worked really well there, giving an opportunity for creative students to share their talents and help disengaged, disadvantaged kids to pick up creative skills that they'll hopefully take with them for the rest of their lives.

What type of skills can people expect to learn if they get involved?

The amount of commitment and involvement determines what sort of skills a member will pick up. We've been running workshops where professional teachers come to UNSW to teach dance, DJing and beatboxing.

How can people join?

Find us around at the various classes and events we host and fill in a registration form for membership – it's only \$5 and will last for a year.

Do you have any events coming up that people should know about?

We run D2Classes every week - we currently offer dance, beatboxing and tagging classes. Our major event coming up is BEATDOWN, a dance battle event that brings together university societies and the local Sydney Dance Scene.

Shoot D2MG an e-mail at d2mg.unsw@gmail. com to find out where they'll be hip hopping around campus.

Krystal Sutherland

So why'd you decide to start the program? Nick Chadwick and I (who also runs BRIGHTSIDE) thought that a program combining a mentorship with young people at uni and disengaged kids having trouble at school could be a really good opportunity for students at uni to get involved. For the school students I think it's awesome to have people studying at uni coming into their lives; a lot of them don't have anyone talking to them about the possibilities of a tertiary education or what they are going to do after school.

How important do you think programs such as BRIGHTSIDE are within society?

Referencing statistics that we have found while pitching the program, around 80% of juvenile crime occurs within the first six months of disengagement from schooling. When you hear those sorts of statistics and then you see programs like BRIGHTSIDE that are actually engaging kids, I think that you can definitely draw a conclusion that programs such as this are necessary.

Simon Anicich



LOVE.UNI.LIFE

EXCLUSIVE MEMBERS COMPS!



THANKS TO ICON FILMS

EWING? You don't need to fill in any

ms, just bring your UNSW Student ID card

to Arc Reception (Blockhouse G6) to score all

the awesome benefits below and loads more

(PSST there is no joining fee).

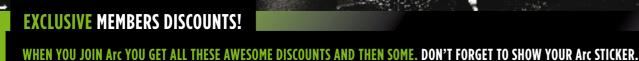
WIN 1 OF 10 DOUBLE PASSES MACHETE KILLS

The highly anticipated seguel to the cult-sensation MACHETE reunites star Danny Trejo (MACHETE, GRINDHOUSE) and director Robert Rodriguez (MACHETE, SIN CITY). Trained to kill, left for dead, Machete is back and this time he's on the right side of the law. With gleefully gory comic book action, outrageously over-the-top characters and an absurd all-star cast including Jessica Alba, Sofia Vergara, Vanessa Hudgens, Amber Heard, Alexa Vega, Antonio Banderas, Cuba Gooding Jr. and Mel Gibson, plus Lady Gaga and "introducing" Carlos Estevez (Charlie Sheen) as President of the United States.

ONLY IN CINEMAS OCTOBER 24 View the trailer for MACHETE KILLS here

http://www.youtube.com/watch?v=5HCHPsQX6NY&list=PL0XnoGb6_BuG6BVgmxt1YyWBa6079vmnd&index=2

TO ENTER EMAIL YOUR STUDENT NUMBER TO comps@arc.unsw.edu.au WITH 'MACHETE KILLS' IN THE SUBJECT LINE TO BE ______C___C____C_____





AMF Bowling - Randwick Receive \$10 off Beer and Bowl (7 days, Mon-Fri).



Wild Life Sydney Zoo - Darling Harbour Buy one single adult ticket and get a second one for free. Check the Arc website to print out the voucher

RnR Hair & Beauty - Randwick Free leave-in moisture treatment OR colour save treatment at the basin with

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see website for the full list and terms & conditions arc.unsw.edu.au/benefits

EROL

(Medical Science) Your superhero name? Awkward Groove Man

Biebs or Miley? I hate Miley slightly less than Bieber.

Best way to relieve stress? Watching a few episodes of Sailor Moon.



ELLIOT (Psychology) Best wingman tip? If you're the wingman you have to be the

uglier one. Best way to relieve stress? Watching Breaking Bad.

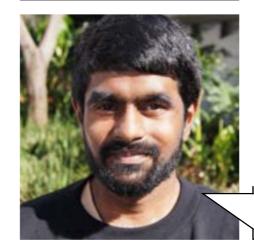
How do you feel about One Direction? No comment.

NADINE (Advanced Science)

How do you feel about One Direction? Mixed feelings. They are nothing more than a guilty pleasure.

What stresses you out? Exams and the possibility of failing them.

Best wingman tip? You want a wingman who is more charismatic than you. Somebody who would make a good salesman.





NIRO (Mechanical Engineering)

Best way to relieve stress? Headphones in. music loud.

How do you feel about One Direction? If the only direction they are going is away from me, that's ok.

Your superhero name? Punctual Man-ironic because I'm always late.





GABBY (Planning)

What stresses you out? Bugs give me massive anxiety.

Biebs or Miley? Definitely Justin. I subscribed to his YouTube channel when he was only 11-way before he was famous.

Fave musical? Wicked. Mainly for the song Defying Gravity.

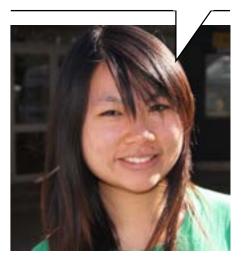


VANESSA (Engineering/Architecture) **Biebs or Miley?**

Miley is a train wreck just waiting to happen, which is very exciting.

Fave musical? Singin' in the Rain because the title actually reflects the story.

What stresses you out? When fat people squash me.





STRESS LESS WEEK THIS WEEK, TUES ~ THURS COMPULSORY FUN & RELAXATION MINI PETTING ZOO · SIESTA TEA TENT MASSAGES · BREAKFAST · ORGANIC FOODS

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