

2021 Swimming Nationals Qualification Standards

Men	Event	Women
Freestyle		
26.50	50m	31.50
56.50	100m	1:04.50
2:05.00	200m	2:16.00
4:25.00	400m	4:45.00
9:20.00	800m	9:50.00
17:10.00	1500m	18:45.00
Backstroke		
31.00	50m	35.00
1:06.00	100m	1:13.00
2:27.00	200m	2:42.50
Breaststroke		
35.00	50m	39.00
1:12.00	100m	1:23.50
2:43.00	200m	2:59.00
Butterfly		
29.00	50m	32.00
1:02.00	100m	1:10.00
2:25.50	200m	2:42.00
Individual Medley		
2:21.00	200m	2:35.50
5:03.00	400m	5:32.00
Relays		
1:50.00	4x50 F/S	2:10.00
3:58.00	4x100 F/S	4:22.00
2:05.00	4x50 Med	2:20.00