

Gendered Violence Research Network



GENDERED MISCONDUCT - USEFUL WEBSITES

General issues for young people

 Reachout: <u>www.au.reachout.com</u>
 Help and advice regarding a range of issues such as stress and anxiety, relationships, sexuality, drugs.
 App toolbox and tips for wellbeing.

Legal issues for young people

• Youth Law Australia: <u>yla.org.au</u> Legal information on a range of topics relevant for young people. Under 25s can send a Lawmail and get legal advice back within 10 days. Free service.

Relationships and sex

- Love the good, the bad and the ugly: <u>www.lovegoodbadugly.com</u>
 A guide for young women on love, respect
 and abuse in relationships. Advice and stories.
- The Line: <u>www.theline.org.au</u> Information about sex, gender, healthy relationships, dating do's and don'ts, technology and abuse. Referral information for people who are concerned about their own behaviour, and for those who have been victims.

Sexual health

- Family Planning NSW: <u>www.fpnsw.org.au</u> Information regarding sexual health, sexually transmitted infections (STIs), contraception and healthy relationships. Sexual health questions can be emailed to a nurse. Linked to <u>www.bodytalk.org.au</u>, a website designed for under-25s to educate about sexual health.
- Play Safe: www.playsafe.health.nsw.gov.au NSW Health website on safe sex, condoms, STI treatment and testing.
- Sexual Health Info Link: <u>www.shil.nsw.gov.au</u> Information and referrals – STI testing and safe sex.

Gender and sexuality

- **Twenty10:** <u>www.twenty10.org.au/resources</u> Service supporting young people of diverse genders and sexualities. Resources and social groups.
- Another Closet: www.anothercloset.com.au Resources related to LGBTIQ violence. Overview of the issues, safety planning, survivor stories and supporting a family member or friend.

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Disclaimer: while all attempts have been made to make this information as accurate as possible, we are unable to guarantee its currency or appropriateness for all circumstances.

Social media and technology

- E-safety Commissioner: www.esafety.gov.au Information regarding e-safety issues. Complaint portal regarding revenge porn to be launched later this year. Specific information for women at www.esafety.gov.au/women
- Smart Safe: <u>www.smartsafe.org.au</u> Support for people affected by technology-facilitated abuse. List of relevant services, legal guides, tips and videos about the issues.
- **Report Online Harm:** <u>www.esafety.gov.au/report</u> Report a complaint about serious online abuse or illegal and restricted online content.

Alcohol and other drugs

- Alcohol and Drug Foundation: <u>adf.org.au</u> Offers fact sheets on drugs and alcohol.
- Just Ask Us: <u>www.justaskus.org.au</u>
 Portal for tertiary students to ask questions about alcohol, drugs and mental health issues. Offers online alcohol assessment to see if you are a "risky drinker".

Mental health

- Black Dog Institute: www.blackdoginstitute.org.au Website with helpful information about dealing with depression and bipolar disorder, or supporting someone with these conditions. Links to Apps and support groups. Lots of practical tips.
- E-Headspace: www.eheadspace.org.au Support for young people and their families going through a tough time. Online counselling and group chats. Study support. Linked to www.headspace.org.au/young-people which has factsheets about mental and physical health, alcohol and other drugs, and supporting friends experiencing difficulty.
- Lifeline: <u>www.lifeline.org.au</u> Crisis support and suicide prevention. Nightly online chat and resources on topics including loneliness and isolation, depression, self-harm, problem gambling.

Gendered Violence

• **Our Watch:** <u>www.ourwatch.org.au</u> National agency to create to drive behavioural and attitudinal change around the factors that cause violence against women and children. Facts and figures, videos, research, suggestions about what you can do.

• UNSW Current Students:

www.student.unsw.edu.au/harassment Information and links to support services/complaint mechanisms if you have experienced sexual assault or sexual harassment.