

## **O-Week Social Story: Summary**

- O-Week is important because I can learn about the university layout and my degree.
- I can also find out about clubs, societies, and events happening during the year.
- O-Week is a special event at the start of term—regular uni days won't be the same.

### **What to Bring**

- Sunscreen, a hat, and water (O-Week is mostly outdoors).
- A bag for freebies from stalls.
- Sensory items like headphones or stim tools if I would like them.

### **Getting Help**

- O-Week volunteers, the Yellow Shirts, can answer questions and give directions.
- If I need a break from noise or crowds, I can visit the Quiet Space on the Main Walkway. It has comfy seating, noise-cancelling headphones, and sensory tools.

### **What to Expect**

- Main Walkway, Helen Maguire Lawn & Alumni Lawns: Stalls with clubs, societies, and free giveaways.
- I can ask clubs about their activities and how to join. If they are busy, I might need to wait.
- If someone invites me to a stall, I can say yes or politely decline.
- There will also be fun activities on the Helen Maguire & Alumni Lawns.

### **Campus Tours**

- Tours can show me key locations and student tips.
- I can also book a personalised tour, including accessibility-focused options.

O-Week is the start of my uni journey. It helps me get ready and learn about campus life before term begins.